



Keep the little horrors happy

Halloween fun and more to make half term a scream

SEE PAGE 9



Generation celebration

Day marks contribution of borough's over-50s

SEE PAGES 16 & 17



Be there for the rebirth of cool

Festival promises ten days of the best contemporary jazz

SEE PAGE 21

ISSUE 1082 19 - 25 OCTOBER 2015

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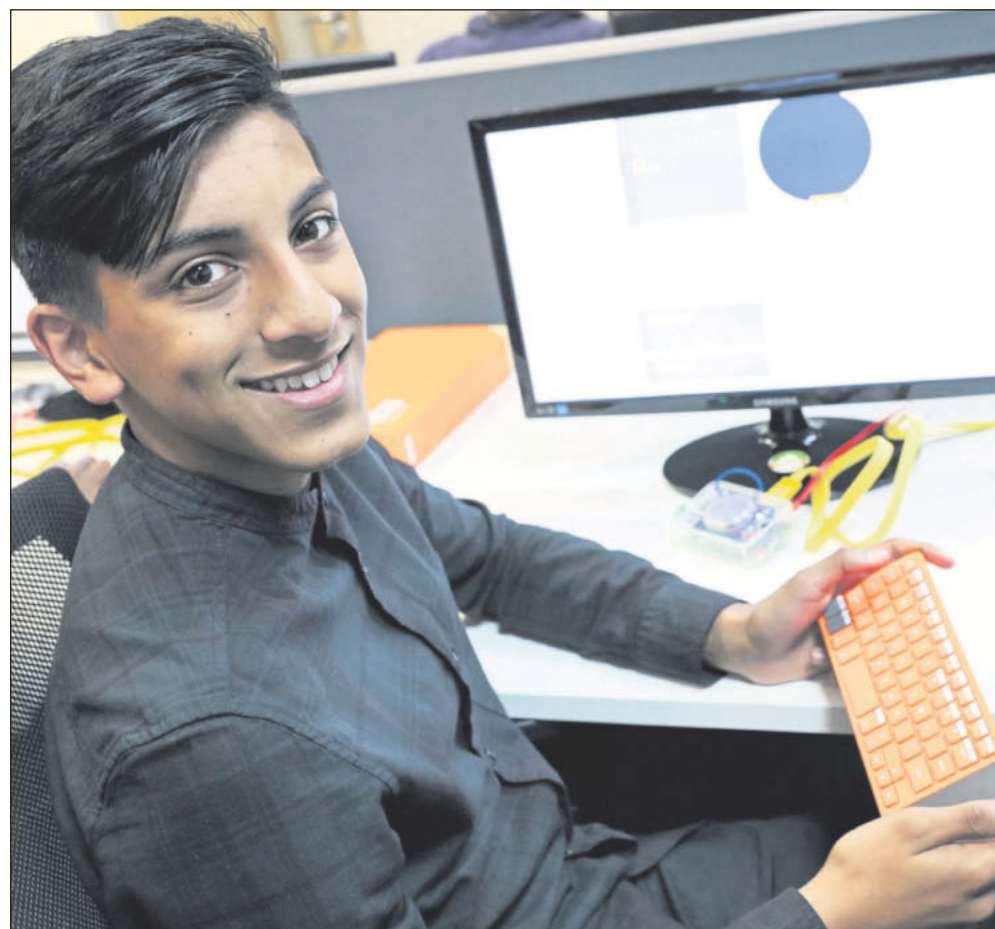
eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Brand new homes are within Reach

First phase of Blackwall regeneration is officially launched

CRACKING THE CODING



Fahinal Islam, 14, enjoys the borough's first coding club, where young people had the chance to build their own computer. See page 3 for the full story.

BY MICHAEL DIOP

RESIDENTS have moved into the first new homes in Blackwall Reach.

The flats in Camellia House and Blashill Court are part of a £300 million regeneration project in the Blackwall area.

Some of the new residents used to live on the adjoining Robin Hood Gardens Estate.

On Thursday, October 16, phase 1a of the project was officially launched by the council, Swan Housing Group and the Greater London Authority (GLA).

Ninety-eight properties have been finished – 79 have been let to social housing tenants and a further eight have been made available to people living and working in Tower Hamlets.

The rest have gone to leaseholders from Robin Hood Gardens.

Nasima Bibi and her family have lived on the estate for about 17 years.

She said: "Blashill Court meets the needs of 21st century, modern living.

The development will eventually replace the existing 252 Robin Hood Gardens properties and deliver 1,500 homes over the next ten years. Swan's new regional housing office will also be sited there.

In addition to delivering much needed housing, the project will provide new community facilities, and training and job opportunities for local people.

Mayor John Biggs, who was at the launch, said: "Black-

wall Reach is a successful and ambitious regeneration scheme.

"The success of phase one is a testament to the positive working partnerships behind the project, and the way in which residents have engaged with the plans from the outset.

"It is particularly important that we address the chronic shortage of really affordable housing, and local people have improved opportunities to live in the areas they grew up in."

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Waiting to be adopted

New statistics reveal that the average age of children waiting to be placed in adoptive families is four years old.

SEE BELOW



'Love and security they deserve'

"National Adoption Week is a great opportunity for us to shine a light on the work that our adoption team does every day to help children find the love and security they so deserve."

MAYOR JOHN BIGGS

News

East End Life is produced by Tower Hamlets Council, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.

Tel: 7364 3179 Fax: 7364 4917

Email: eastendlife.news@towerhamlets.gov.uk



Editor Helen Watson
Tel: 7364 3173

Deputy Editor Russell Cotman
Tel: 7364 4128

Reporter
Jessica Odubayo
Tel: 7364 4365

Photos
Koïs Miah
Tel: 7364 3253

Advertisement Manager
Sharan Ahmed
Tel: 7364 4061

Senior Advertising Sales Executive
Christine O'Doherty
Tel: 7364 4994

Senior Advertising Sales Executive
Fatima Khan
Tel: 7364 4623

Advertising Production Controller & Sales Executive
Terri Gornall
Tel: 7364 4682

Distribution Manager & Finance
Abdul Miah
Tel: 7364 0474

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Children aged over four in need of adoption

BY SAM GOUGH

THE council is encouraging people to consider adoption, in particular focussing on children over the age of four.

To coincide with National Adoption Week, which runs from October 19-25, the borough is asking people to consider adopting children over the age of four, as most adoptive families coming forward are interested in babies.

The council is also looking for adoptive parents for siblings, children with disabilities, and children from black and ethnic minority (BME) backgrounds.

Gerry and Iris (pictured above) are currently in the process of adopting Ryan, aged nine. They first attended an information evening hosted by the council in the hope of adopting an older child.

"After the day, we were reassured that, yes, this was what we really wanted," Iris said.

"We got more information on what it all entails, the difficulties, perhaps, that we'd face as well."

Following a visit by a social worker, they were invited to a preparation group.

"Our door was opened to a vast network of opportunities



to meet with other people who wanted to adopt, and learn how to best bond with children who have had difficult experiences in the past," Iris said.

"We were then allocated a social worker to work more

Iris and Gerry were very clear about the positives of adopting an older child.

Gerry said: "The activities that you can do are more fun. Avoiding potty training is obviously nice!"

Iris added: "The connection is a different one because you don't have to second guess. They learn quicker, you can do lots of play with them. They understand limitations – they tell you and take the lead more."

"It's as though, in a sense, they finally know with you they have a permanent stop. This will now be forever, until perhaps they are an adult themselves."

Gemma Gordon-Johnson, head of service at the national First4Adoption agency, added: "It's heartening to know that so many people who live with children aged four and over find them so rewarding. This flies in the face of the idea that

so-called older children are more difficult to manage.

"It's also wonderful to discover that the next generation of parents are thinking of adoption as a way of completing their family".

Cllr Rachael Saunders, cabinet member for children's services, said: "We are urging families to consider adopting children who often wait the longest to be matched with a permanent family. It is a sad reality that children as young as four are not being given the same opportunities as babies and toddlers."

Six local authorities and voluntary agencies will be providing information to people who are considering adoption at an event on Saturday, October 24 at the Holiday Inn in Westfield Stratford, 10a Chestnut Plaza, E20. The event kicks off at 10.15am. To reserve a space call 0800 279 9850. k

“It's as though they know they have a permanent stop. This will now be forever, until perhaps they are an adult.”

Iris

closely with us about our own life stories – what we bring to the table. We were approved in December last year, and now we are in the process of legally adopting Ryan."

Inside this week's issue

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Generation celebration
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NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

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First phase of Blackwall regeneration is officially launched

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soundtalking

East End Life is also available on audio tape – if you know someone who would like to receive it in this format call 7364 4309 or email abdul.miah@towerhamlets.gov.uk

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Change is in the air

East End Life, the council's weekly publication, will be moving to fortnightly at the end of this year and a full review of the council's communication with residents is being commissioned.

East End Life – your say

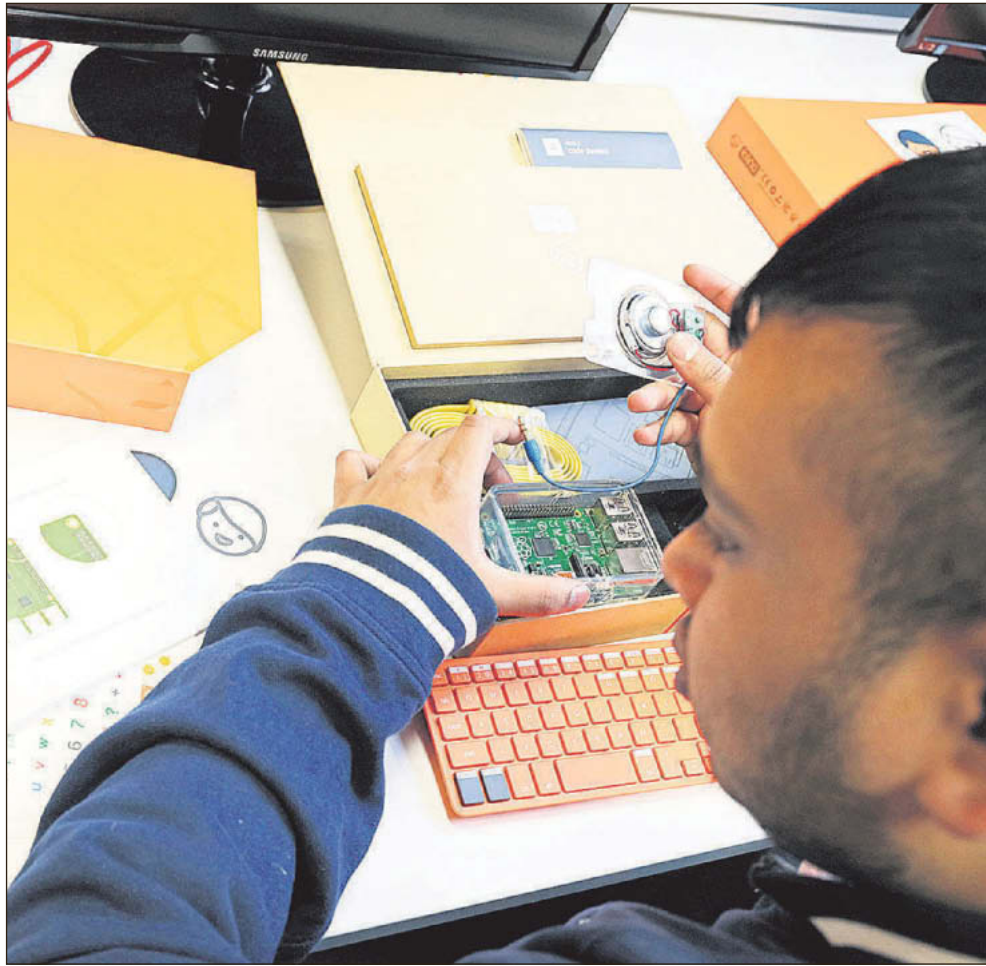
Write to Communications, Tower Hamlets Council, 6th floor, Mulberry Place, E14 2BG, call 7364 0811 or email...

CONSULTATION@TOWERHAMLETS.GOV.UK

News

THE council opened the borough's first coding club on Wednesday, October 14, as part of digital inclusion week. The first session saw young people building their own computer, before taking a taster session in coding. The club has been set up in partnership with the Elysium Foundation and training was led by industry experts Kano at a state-of-the-art facility at Quay House in Canary Wharf. Attending on the day, Precious Otunuga, 15, from Sir John Cass School, said: "I have really enjoyed building the computer – it's something I have never done before, and I'm surprised how easy it is. "I'd like to make education apps for blind and deaf people as part of my career, so I'm definitely coming back here for more classes." Shofiquel Alom, 18, from Stepney, said: "I enjoy coding and take every

opportunity to develop my skills. "I like the fact that you can build anything from nothing through coding, and that you can put any components that you want into a computer so that it does exactly what you want." Cllr Asma Begum, cabinet member for culture, said: "We have developed a full week of activities to help residents improve their digital skills during Get Online Week. "We will continue to offer free access to the internet and free training courses to ensure that our residents can make the most of online opportunities." The club is open to all residents who want to improve their coding/ software development skills. Young people (NEET and in school), parents and ICT teachers are particularly encouraged to join the club.



News in brief

Charge scrapped

RESIDENTS will no longer be charged by the council to have large or bulky waste items taken away.

The decision has been made to scrap the £15 introduced in 2012 to help alleviate the problems with fly-tipping.

Each household is therefore now entitled to two free collections per year – with up to five items taken away by the council's Clean Team per collection.

Formerly only residents in receipt of housing benefit were entitled to free collections.

You can arrange for bulky or large waste to be collected by calling Streetline on 7364 5004.

Singing for Syria

RESIDENTS are raising their voices to raise money for Unicef.

Sing for Syria takes place on Saturday, October 24 at St Paul's, 302 The Highway, Shadwell.

The event is in two parts: a 'choir in a day' workshop from 10.30am-4.30pm and an evening concert which starts at 8pm.

With tips on improving technique and confidence, you'll be singing in perfect harmony in no time.

There will be a suggested donation for taking part in the workshop – £25 for adults and £15 for 11-16s. In the evening, the choir will perform in a concert. Tickets are by donation (suggested £10 adults and £5 kids).

All proceeds go to Unicef. Visit www.justgiving.com/sing-for-syria

A taxing time for traders

BY STEFAN SWIFT

ILLEGALLY imported wine and cigarettes have been seized in a series of raids in Brick Lane spearheaded by the council, police and HMRC.

A total of 114 bottles of wine were found in two adjoining restaurants after an eagle-eyed police officer spotted attempts to remove the offending items.

A second business was found to be selling alcohol without the necessary licence.

Over 300 tins of illegally imported smokeless tobacco and more than 100 packets of

illicit cigarettes were also seized.

Wine and tobacco – smokeless or otherwise – should only be sold if the necessary tax has been paid to HMRC.

Officers also found ten boxes of unsafe black henna paste used to paint tattoos from a shop.

The black paste used in henna temporary tattoos may contain high levels of a chemical dye so powerful and toxic that it could leave someone scarred for life or put them at risk of a life-threatening allergic reaction.

The council visited 45 premises in the Brick Lane area on October 1 and 2.

The operation set out to combat fake or smuggled alcohol and tobacco being sold. The team visited restaurants so officers could check that they were supplying itemised bills to customers to ensure that they are not overcharged.

Checks in 31 establishments found only one to not be supplying itemised bills.

A second restaurant was found to have no fire escape in the basement used for dining and were referred to fire officers for investigation.

Mayor John Biggs said: "The vast majority of businesses in the Brick Lane area comply

with the law. Operations like this one are essential to ensuring that illicit products are not sold in the borough.

"This shows how well the council works with regional and national bodies and the successful results of this operation are testament to that."

Cllr Shiria Khatun, deputy mayor and cabinet member for community safety, added: "Residents and visitors to Tower Hamlets must be protected from the selling of illicit goods. If the necessary duties have not been paid, there is no way of telling that these products are safe for consumers."

Anyone who suspects illegally imported goods are being traded in the borough, or have suspicions about the way a business operates, should report it to the council's consumer and business regulations service on 7364 5008 or via email tradingstandards@towerhamlets.gov.uk

Vicky Park fireworks to come back with a bang

COME and celebrate Fireworks Night at Victoria Park on Saturday, November 7.

After five years away from the nation's favourite park, fireworks will be returning to light up the borough's skies.

This year's Guy Fawkes festivities will feature glittering visuals and an atmos-

pheric soundtrack. Visitors are encouraged to grab their winter woolies, gather up friends and family and go along to the free event.

People who visit are encouraged to send in their firework snaps to the council on social media, using [#fireworksTH](https://twitter.com/fireworksTH)

Cllr Asma Begum, cabinet member for culture, said: "The council is famous for its striking fireworks displays and this year will be extra special as the display is back in Victoria Park."

The display is sponsored by Barratt London, Berkeley Group and Veolia.

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Too old at 4?

Adoption Information Event

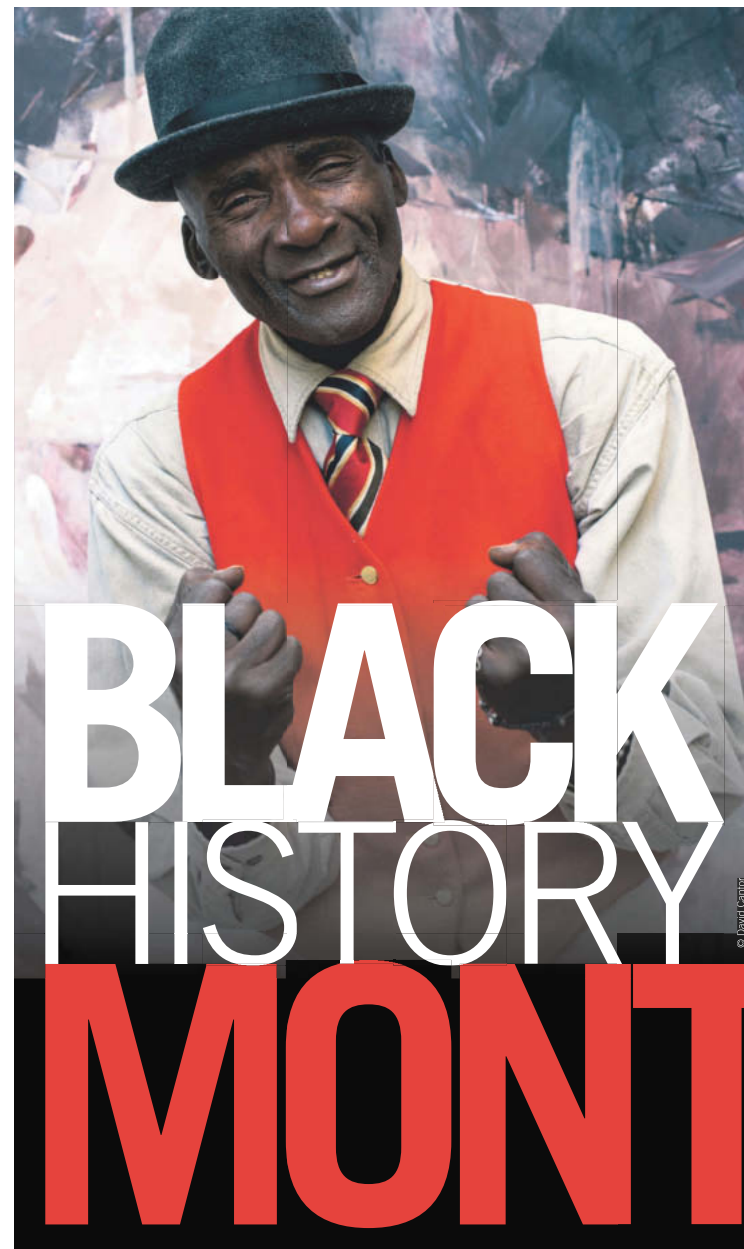
Children as young as 4 are waiting the longest to be adopted. These children are also likely to be in sibling groups, have additional needs or be from a black or minority ethnic background.

If you would like to know more about these children and the adoption process, please join us for a friendly chat over a cup of tea.

Saturday 24 October, 10.15am - 12.30pm
Presentation at 10.30am
Holiday Inn (London Meeting Room)
10a Chestnut Plaza, Westfield, London E20 1GL

To find out more or reserve a space, please call 0800 279 9850. Alternatively, just pop in.

We look forward to meeting you!



OCTOBER 2015

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// Students are fulsome in their praise for the quality of teaching and the exceptional support teachers provide to ensure they attain well. //

2013 OFSTED report

For further information about the school please visit
www.mulberry.towerhamlets.sch.uk
 Mulberry School for Girls, Richard Street, London E1 2JP
Tel: 0207 790 6327





Win a Brompton Bike

Share your opinions on the new cycling strategy at www.surveymonkey.com/r/towerhamletscycling for a chance to win a Brompton Bike or £50 worth of John Lewis vouchers.

SEE BELOW

London-wide dance

Swing Patrol teaches 40 dance classes, including Lindy Hop, Charleston and swing, in 35 venues each week.

WWW.SWINGPATROL.CO.UK

News

MORE than 900 swing dancers and members of the public got together on Sunday, October 11 in an effort to smash the Guinness World Record for the 'largest Charleston dance'. Scott Cupit (pictured right), assistant Charleston choreographer on BBC show *Strictly Come Dancing* and managing director of dance tuition company Swing Patrol, co-ordinated the event at Spitalfields Market to nearly double the current official world record of 503. The event was in aid of Guy's Cancer Centre appeal. Scott said swing dancers from across the UK supported the event. "It's not official yet, the Guinness Book of Records will let us know soon, but we've had a great day and raised money for Guy's Cancer Centre," he said.



News in brief

'Issues to address' at adult care homes

TWO adult care homes have been rated as requiring improvement following inspections by the independent regulator of health and social care in England.

The Care Quality Commission (CQC) published reports on Pat Shaw House and Peter Shore Court, both in Stepney.

Under the CQC's programme of inspections, adult care providers are given a rating according to whether they are safe, effective, caring, responsive and well led.

Sally Warren, CQC deputy chief inspector for adult social care, said the providers would be expected to set out how they will address the issues that have been identified.

Inspectors will return to check that the required improvements have been made.

New 10-year cycle plan for borough

BY STEFAN SWIFT

A CYCLING strategy aimed at increasing the number of people on bikes has been unveiled by the council.

It sets out plans to make cycling more commonplace in the borough between now and 2025, replacing the council's previous Cycling Connections plan, published in 2009.

Although it was forward-thinking for its time, the strategy has been refreshed to take account of the major changes to cycling made by Transport for London (TfL).

Initiatives that have taken place since the last strategy was produced include the Cycle Hire Scheme and Cycle Superhighways. The six-year period has seen significant increases in investment from City Hall for other cycling projects across the capital.

By following this strategy, the council wants to make



The strategy plans to make cycling more commonplace

Tower Hamlets one of the easiest and safest places to cycle in London.

By encouraging everyone to take up cycling, it is hoped that the population can become healthier, and help contribute to a less polluted road network.

One of the biggest barriers to

cycling is the fear of other road vehicles so the council is working hard to reduce congestion and increase safety.

The strategy sets out 30 pledges to be delivered, which together will contribute to reaching four targets:

- To double the volume of cyclists in the borough by 2025;
- To increase the proportion of residents cycling to work to 12 per cent by 2025;
- To reduce the risk of cycle accidents by 40 per cent by 2025;
- To increase number of children cycling to school by 25 per cent by 2025.

Cllr Dave Chesterton, cycling champion, said: "This new strategy is vital to delivering our overarching ambition to create a better and safer cycle network in the borough.

"We are committed to working with Transport for London on their Cycle Superhighway improvements to encourage more people to use their bicycles."

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Contact the mayor

To contact the mayor, call his office on 7364 4993 or email him at mayor@towerhamlets.gov.uk

WWW.TOWERHAMLETS.GOV.UK/MAYOR



Representing borough's young people

Young Mayor Deng Yan San is a pupil at George Green's School. Her deputies are Shofiqui Alom and Monsur Ali. They were elected to represent the voice of young people for the next two years.

News

Share your views

ONE of the most important consultations we carry out is about the budget, which is now live and runs until November 9. I would urge you to have your say.

Times are tough and we must make at least £63 million savings to the council's budget over the next three years.

Since becoming mayor I have made it a priority for the council to be more transparent and to be efficient and effective in its delivery of vital services to residents, businesses and visitors.

I am committed to improving public services, to protecting the vulnerable from wider austerity measures and to delivering a budget setting process that is open, transparent and fit for purpose.

However, to help balance the budget gap that has been created, we have some hard decisions to make. We must maximise the borough's opportunities for growth and find ways to streamline the council's expenditure.

We have already put in place a number of council initiatives and partnerships to drive forward and harness the borough's economic and business growth but we have more to do.

We need to look at how we can transform the council so that we balance our budget and deliver our ambitions.



MAYOR OF TOWER HAMLETS

I have asked for frontline services as far as I can, which our communities depend on, to be protected throughout this process. I have asked for 'back office' functions to be made more efficient, for management roles to be 'de-layered' and for technology to be made to work harder for us.

Although the council has considered the impacts of the savings proposals, and sought ways to reduce them, we need the voices of our residents and service users to feed back and reflect on our suggestions.

During October, there will be a variety of online and face-to-face channels to help us shape the savings the council makes to balance the budget.

I ask everyone to take this opportunity to help establish the priorities of Tower Hamlets going forward. If we do this together, we will get it better.

Mayor John Biggs

Tuck into an autumnal favourite from Roman Rd

BY ALISON LANGLEY

EVEN though the sun has been shining and we have been enjoying a last vestige of summer, quietly we have all known from the changing colour of the leaves that autumn is on its way.

While that might conjure up thoughts of dark nights and icy commutes, we should take some comfort from those glorious winter meals made from the seasonal autumn produce that is starting to make its way onto the shelves and displays of the borough's Food for Health convenience stores and market stall traders.

None are more symbolic of this time of year than squashes and pumpkins – but there is so much more that can be done than carve one for Halloween.

Whether in soups, curries or stews, squashes make a fantastic addition and are used by customers from all different cultures to create wonderful dishes – Caribbean soups, Asian curries or classic British stews to name just a few.



Mehmet Gurzel, owner of Simply Fresh on Roman Road

If you have never tried a squash or pumpkin before, buy a half or quarter sold by many of our traders. Remove the seeds and cut into small cubes, place in a baking tray, cover with a drizzle of honey and roast for 25-30 minutes. Serve with your Sunday roast as something new that the family will love.

Packed with high amounts of health-giving vitamins and minerals, squash is not only tasty but is also a highly nutritious vegetable.

Roman Road, shortlisted for a Great British High Street Award 2015, is home to five gold-winning Food for Health fruit and veg sellers. The Roman

is a great example of quality produce at affordable prices, much of which is cheaper than supermarkets. There is a huge array of different produce available from around the world but our traders also believe passionately in supporting British and local growers.

Mehmet Gurzel, owner of Simply Fresh on Roman Road, is winner of the Reed Industry Award for Best Independent Retailer in the UK 2014.

He has just started displaying and selling organic squashes and pumpkins supplied by Perry Court Farm in Canterbury. Autumn favourites, top-quality butternut squashes, are selling for £1.59 and organic Red Kuri squashes are currently on the shelves at £2.99.

Mehmet said: "Roman Road is a great place to shop and I am pleased to be able to offer my customers the chance to buy great seasonal produce."

If you like what you see on Roman Road, vote for it at <http://thegreatbritishhighstreet.co.uk/finalist-london>

For more information on Food for Health, visit www.towerhamlets.gov.uk/foodforhealth

CHARITY FUNDING FOR ACTIVITIES IN 2016



A small number of grants of up to £5,000 each are available to support community activities in Bow East and Bow West wards in 2016.

The Trustees particularly like projects to support children/youth and older people, especially sports, health education and training for employment.

Enquiries and Application Forms from:

Ahmed Hussain, Bromley by Bow Centre (Learning Team)
St Leonard's Street, London E3 3BT

Call him direct on **020 8709 9729** or
Email him at ahmed.hussain@bbbc.org.uk

Closing Date:

5.00pm on Friday 30th October 2015



THE young mayor of Tower Hamlets visited Oaklands School on Thursday, October 15 (pictured above). Deng Yan San talked to students in year 10 assembly about her role and the Youth Parliament debate which will take place in the House of Commons in November. She urged them to get involved with a project to find the Young Mayors of the future. Head teacher Patrice Canavan and director of school and community development Syed Afsar then gave Deng Yan a tour of the school.



Get help with housing problems

The housing advice team can help with problems such as rent arrears, repairs, problems with deposits, and any disputes with landlords. Call them on 7364 3558 or email...

HOUSING.ADVICE@TOWERHAMLETS.GOV.UK

Food for thought

Jamal Ahmed is hoping to raise £10,000 in order to set up 100 kitchens to feed refugees in Calais.

SEE BELOW

News

Stalwart governor bids farewell

STAFF and pupils at Harry Gosling Primary held a special assembly to say farewell to a governor who has served the school for 20 years.

Doros Ullah has also been chair of governors at the Wapping school since 2003.

The role of school governor is voluntary and part of the leadership of the school.

Jennie Bird, head teacher, said Mr Ullah's support began when his own children attended the school.

She said: "Mr Ullah has been a loyal member of the governing body, helping with the school's development and our most recent achievement, being recognised by Ofsted in 2013 as a 'good' school.

"He has a passion for improving the life chances of all children in Tower Hamlets.

Mr Ullah's last duty as chair of governors was to speak at the school's celebration of black history on Friday, October 9.

He spoke of his hope to see Harry Gosling pupils achieve great things following in the footsteps of figures such as Rosa Parks, Martin Luther King Jnr and Mary Seacole.



Headteacher Jennie Bird says goodbye to Doros Ullah

The children presented him with cards and flowers.

Ms Bird concluded: "Mr Ullah strongly believes that it is the right of every child

to a first class education. We have been lucky to work with someone with such commitment who has supported the school throughout the years. He will be missed."

News in brief

Free media course

UNEMPLOYED 18- to 30-year-olds are invited to enrol on a free creative media training course.

Applications are now open for ZOOM: Futures in creative media – run by Four Corners, a learning, production and exhibition centre for film and photography in Bethnal Green.

Training in digital video production runs from January to March 2016, followed by mentoring from industry specialists, and support towards further training, placements and employment. Travel and childcare costs will be paid.

Funded by the council's mainstream grant fund, with additional support from Four Corners, the scheme will particularly target people who are currently under-represented in the creative media industries.

The deadline for applications

is Monday, November 30.

Call 8981 6111 or visit www.fourcornersfilm.co.uk/zoom-futures-in-creative-media

Meals for refugees

A BETHNAL Green resident has started a project to provide 1,000 refugees in Calais with at least one hot meal a day.

Jamal Ahmed, 30, hopes to raise £10,000 and, with support from charities Restless Beings and Everlasting Hope, set up 100 communal kitchens in the French coastal town.

He launched #Enable1000 after he delivered food aid to refugees in September.

On his last visit, Jamal saw that refugees had to queue for up to four hours for a hot meal.

Go to www.gofundme.com/enable1000 or visit Anjum Superstore, 793 Commercial Road, Stepney, to give cash, utensils or food.

Firms fined over unsafe bedsits

Illegal homes fire hazards, damp and exposed wiring

BY STEFAN SWIFT

TWO property companies have been fined thousands of pounds over unsafe bedsits.

The firms incurred significant costs after the properties they owned were found to be unsafe tenants.

Whitechapel landlord Miripuri Mansions Property admitted a charge of not sending vital safety certificates to the council when requested.

Magistrates heard how communal areas at the property had inadequate fire alarms and one of the six flats was covered in damp and mould.

The notice asked for a company representative to provide the council with safety certificates and details of occupation, to assess whether the premises needed a House in Multiple Occupation licence.

Some of these documents were still to be produced on the day before the hearing on October 1.

The company was fined £4,000 and ordered to pay £697 costs plus a £120 victim surcharge.

Council officers were also concerned by what they found during an inspection of a house in Corfield Street, Bethnal Green, earlier this year.

They found inadequate fire alarms, blocked passageways, leaking showers, exposed wiring and overflowing household refuse coming from bins.

The council's health and housing team were particularly concerned that a part of the kitchen had been partitioned off, to make a small box room with a floor area of just over five square metres.

Guidelines for houses in multiple occupation such as

this dictate that ten square metres is the minimum size requirement for a bedsit.

A representative from thecityrooms.com, an agency in Cambridge Heath Road which was collecting the rent, appeared at Thames Magistrates' Court on September 16 and said it had fixed the issues.

It agreed to pay council costs of almost £2,000.

Mayor John Biggs said: "It is vital that landlords of all tenures in the borough have the necessary safety measures in place to protect their tenants."

Cllr Shiria Khatun, deputy mayor and cabinet member for community safety, added: "The health and wellbeing of Tower Hamlets residents is of utmost importance to us.

"For landlords to flout the law when it comes to people's safety is irresponsible at best and dangerous at worst."

Ofsted Outstanding School 2013 2014

Congratulations to Emmanuel, Nermeen, Bruno and Mila who have just started at LSE, Cambridge and Oxford Universities.

Bishop Challoner Sixth Form

Open Evening

3rd November 2015
16:30-18:30

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Assess what you need

A need is when you are unable to achieve something without assistance, or doing so causes pain, distress endangers health or takes significantly longer. Outcomes are the parts of life affected.

SEE BELOW

Useful information

Get the care and help you need

News from disabled organisation Real

THE Care Act 2014 is a new law about care and support for adults.

It replaces the old system and contains rules that local authorities must follow when assessing and providing care. Prevention and wellbeing are its two major principles.

The Care Act recognises that everyone is different and has unique needs. Care should be person-centred and led by you (or the person cared for), because you have the greatest understanding of your needs.

The Local Link service (provided by Real and eight other organisations) can help you understand more about your rights and options under the act, and assist you in getting the care and support you need.

Self-Assessment

TO receive support from the council, you must be assessed. One way is self-assessment. This is done by completing a form – you can get help from a family member, friend, or someone from Local Link.

The council will read it, ask for evidence, and go through the form with you to decide what support and services it can provide, and explore any other options available. You are entitled to an assessment regardless of your financial situation.

The Tower Hamlets self assessment form is split into four sections:

- details of your illness/impairment and how it affects you;
- how you cope at the moment;
- what is required to reduce the impact of your illness/impairment;
- any additional information.

There are three important terms that feature in the Care Act and the self-assessment form: wellbeing, needs, and outcomes. The council will recognise these terms, and has a duty to respond to them; us-

ing them in your answers will strengthen your case.

Needs are problems or issues related to physical or mental impairments, or any illness.

A need is when you are unable to achieve outcomes without assistance. Or, you are able to, but doing so causes pain, distress, or anxiety; endangers health or safety; or takes significantly longer.

Outcomes are the specific parts of day-to-day life that may be affected:

- nutrition;
- personal hygiene;
- toilet needs;
- dressing;
- safe domesticity;
- relationships;
- access to work/education;
- using facilities/services;
- parenting responsibilities.

Well-being is what must exist to lead a good day-to-day life. It includes:

- personal dignity;
- physical and mental health;
- protection from abuse/neglect;
- control over day-to-day life;
- participation in work, education, training and recreation;
- social/economic wellbeing;
- suitable accommodation;
- contribution to society.

For example, if a person has an impairment that means they cannot grip things very well, they cannot cook safely.

This is a need because they cannot achieve two outcomes: nutrition and living safely.

This effects their wellbeing – specifically, health, and control over day-to-day life.

When completing the self-assessment, be as detailed as possible. The more information you give, the better your needs can be addressed.

If you receive support from an informal source, this does not make you ineligible for formal support, provided it would better meet your needs.

For further information, call 7001 2175 or email local-link@real.org.uk

By Mike Smith,
chief executive REAL

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.

Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.

Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.

Chapel, 139 Cannon Street:

Mon-Fri 9am-8pm,
Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.

Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.

Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.

Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place:

Mon-Fri 7am-midnight, Sat 9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 including helping parents and carers find high quality childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. 30 Greatorex Street, E1. fis@towerhamlets.gov.uk 7364 6495

Tower Hamlets Home Birth Support Group

Last Thurs of each month, 8pm. 31 Ridgale Street, E3. 8981 1159

Parents Advice Centre (PAC)

Offers impartial advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9.30am-3.30pm. 7364 6489

LinkAge Plus

Toynbee Hall is one of five network centres that co-ordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914 www.toynbeehall.org.uk

Welfare advice

All the organisations listed below can help you with welfare benefits, housing and general debt problems.

Account 3

1-9 Birkbeck Street, E2. 7739 7720 www.account3.org.uk

Bangladesh Youth Movement

21-23 Henriques St, E1. 7488 1831/2

Bromley by Bow Centre

St Leonard's Street, E3. 8709 9737 www.bbbc.org.uk
Citizens Advice Bureau (CAB)
32 Greatorex Street, E1. 7247 1050 www.adviceguide.org.uk

Island Advice Centre

Island House, Roserton Street, Isle of Dogs, E14. 7987 9379 www.island-advice.org.uk

Legal Advice Centre

University House, 104 Roman Road, E2.

8980 4205 www.legaladvicecentre.org.uk

Limehouse Project

Cheadle Hall, Cheadle House, Copenhagen Place, E14. 7538 0075 www.limehouseproject.org.uk

Praxis (New Residents Service)

Pott Street, E2. 7729 7985 www.praxis.org.uk

Tower Hamlets Law Centre

(specialist advice by appointment). Tower Hamlets Law Centre, Unit 1, St. Anne's Street, off 789-791 Commercial Road, E14. 7538 4909 www.thlc.co.uk

Debt advice

Toynbee Hall Advice Service

28 Commercial Street, E1. 7392 2953 advice@toynbeehall.org.uk www.toynbeehall.org.uk

Fair Money Advice

530 Commercial Road, E1. 7702 8032 www.fairfinance.org.uk

Island Advice Centre

Island House, Roserton Street Isle of Dogs, E14. 7987 9379 www.island-advice.org.uk

National Debt Line

0808 808 4000 www.nationaldebtline.co.uk



Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name

Address

Issue no. Page no.



Have your Eureka! moment

The Eureka! Exhibition includes workshops and a series of talks about science-related arts with Arthur Miller, Emeritus professor of history and philosophy of science at University College London.

VISIT WWW.OSMOSISMACHINE.CO.UK

100 years of winter

The Lion, the Witch and the Wardrobe is set in Narnia, a land of talking animals and mythical creatures.

SEE BELOW

Half-term out & about

Preparing for half term can be a bit of a nightmare. What will you do to keep the kids occupied? How will you stop yourself spending a fortune keeping them entertained? **Sam Gough** looks at what's on where over the school holidays.

Headstart for half-term happiness



Become a BMX superstar

Free sessions during half term to help make your child a BMX superstar. Bikes and safety equipment will be provided. Daily between October 26-30, there will be sessions for different age groups. Suitable for ages 5+. BMX track, Mile End Park, E3. www.towerhamlets.gov.uk

Zombie Invasion in Victoria Park

No, this isn't a scene from 28 Days Later. The friendly folk at Victoria Park will be celebrating Halloween on Friday, October 30 with a Parks After Dark tour. Join the park rangers in the Victoria and Alexandra Building, Royal Gate West, at 6pm in your scariest costume and prepare yourselves for a fun-filled spooky adventure. With spine-chilling stories and ghostly goings-on, you'll have a frightfully delightful evening!

Book your free place by calling 7364 1213 or email parks@towerhamlets.gov.uk



Do you have the 'A' Factor?

Every year, A' Team Arts – the council's youth arts team – holds a Raw Talent competition, where winners get the opportunity to perform at a showcase event on December 12 at the Brady Arts Centre. Categories include rap and spoken word, singing, dance, and music videos. You must be aged between 13 and 21, and live, study or work in Tower Hamlets. Auditions will be held in venues across the borough from October 26 to November 7.

Call 7364 7912 or email canan.salih@towerhamlets.gov.uk

The Lion, the Witch and Watney Market

Sixty-five years ago, C.S. Lewis wrote the classic The Lion, the Witch and the Wardrobe. Celebrate at a fun-filled week of activities for both children and parents, including creating your own Narnia masks, painting your face like Aslan and making your own walk-in wardrobe. Idea Store Watney Market, 260 Commercial Rd, E1. www.ideastore.co.uk

Get your artwork exhibited at the Whitechapel Gallery

On Saturday, October 24 from 1-3pm, join artist Ania Bas to make work inspired by this autumn's exhibition at the Whitechapel Gallery. All materials will be provided. Take the work home or return on Saturday, October 31 to see it exhibited. The event takes place at Idea Store Whitechapel, 321 Whitechapel Rd, E1. www.ideastore.co.uk/whats-on

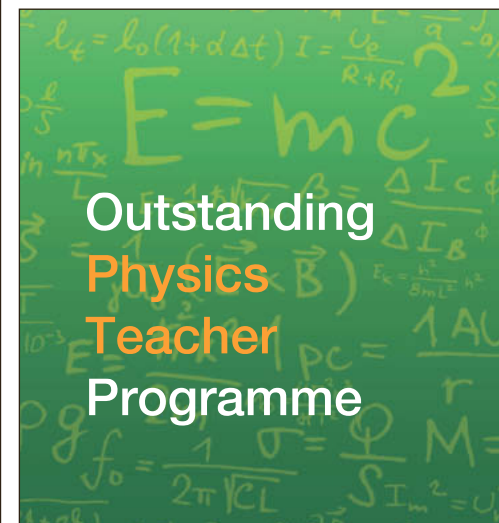
Family cycle training

Free family cycle training is available in Victoria Park during half term. The training is open to parents and accompanying children in years 3 to 6 who have not previously received cycle training at school. It runs from 10am-12noon from October 26-30. The course is run by Bikeworks. Advance registration is required to secure a place. Call 8980 7998 or email enquiries@bikeworks.org.uk



Get messy with some gloop

Children aged seven and above and their families are invited to work with artist Adrian Pritchard to make gloop – a mixture of PVA (polyvinyl acetate) and borax (sodium borate). When combined with water, the borax reacts with the glue molecules, binding the polymers together to make a substance a bit like putty which you can squish in your hands and even bounce. Use gloop to create your own mini-art and try some experiments. Workshops are run on a first come, first serve basis and are designed specifically for younger audiences, who must also be accompanied by an adult. Class sizes can accommodate up to 30 people and are performed twice daily on Saturdays, October 24 & 31. The workshops are at set times only – 10.30am-12pm and 2-3.30pm – at The Art Pavilion, Mile End Park, E3. www.osmosismachine.co.uk



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From October 2015 To July 2016.

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Outstanding Maths Teacher Programme

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St Paul's Way Education



Did you know...

Commonwealth countries include Lesotho, Tuvalu, Belize, Malta, Ghana, Sri Lanka and the Maldives.



53 Commonwealth countries

There are 53 countries in the Commonwealth, spanning Africa, Asia, the Americas, Europe and the Pacific. Thirty-one are classified as small states, with a population of less than 1.5 million.

THECOMMONWEALTH.ORG

Schools and young people

Getting to grips with global issues

BY NATHAN AKEHURST

NEARLY 100 young people came together to debate some of the world's most pressing issues at the Town Hall council chamber on Saturday, October 3.

The day-long event, simulating the Commonwealth heads of government meeting, was organised by the borough's Youth Council, in partnership with the youth service, Royal Commonwealth Society and The Daneford Trust.

The 100 young attendees represented the 53 countries of the Commonwealth, and subjects for debate included climate change, gender equality, sustainable development and health.

"It felt amazing to see young people representing such huge nations and I feel that this grew the participants' confidence and knowledge a lot," said Tower Hamlets deputy young mayor Monsur Ali.

Cllr Rachael Saunders, deputy mayor and cabinet member for education and children's services, welcomed the delegation to the Town Hall.

"We are fortunate to have

such an active and engaged group of young people who are fully tuned in to the important issues which affect their friends, families and wider communities," she said.

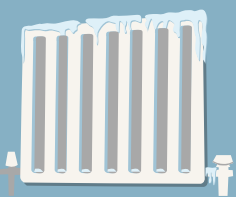
To find out about the range of services and support for young people, including how they can get involved in shaping the issues which affect them, visit www.towerhamlets.gov.uk/youth



Cllr Saunders with Tower Hamlets young mayor Deng Yan San and deputy young mayor Monsur Ali, with the young people representing Commonwealth heads of government



Left in the dark?



Out in the cold?

Caught high and dry?



bromley by bow centre

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is here to help you if you are finding it difficult to pay your gas and electricity bills.

We can reduce your bills, set up payment plans, apply to clear your debt and help you purchase essential household items.

For more information: Contact us on 020 8709 9745 or 020 8709 9847 or email us at eastendenergyfit@bbbc.org.uk

Address: Bromley by Bow Centre, St Leonard's Street, London E3 3BT
Website: www.bbbc.org.uk The Bromley by Bow Centre is a Registered Charity - number 1041653

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The British Gas energy trust

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or Email -

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s.ahmed@jamiatulummah.org.uk

Shah Mashkur -
s.m.mashkur@jamiatulummah.org.uk



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One of history's bloodiest battles

The Battle of the Somme took place between July 1 and November 18, 1916. It was one of the largest of the First World War, and more than 1,000,000 men were wounded or killed.

SEE BELOW

Somme's missing dead

The Thiepval memorial records the names of 72,194 men whose bodies were never found, with no known grave.

WWW.CWGC.ORG

Schools and young people

Poignant trip for Morpeth

A GROUP of GCSE history students and staff from Morpeth School travelled to the Somme to learn about the horrors and hardships of the First World War.

And, in a poignant moment, the group located the grave of one student's great uncle.

Year 10 pupil Emma Morris was the first member of her family to visit the grave tucked away in Dartmoor cemetery, near Becordel-Becourt in northern France. She laid a cross of remembrance at the burial site, with a dedication from her family in the UK.

The visit started off in the frontline trench at Serre, where the visitors paused to think about the first day of the battle on July 1, 1916. Students looked out over the peaceful field, which was once no-man's land.

They visited other key sites including Newfoundland Park, Delville Wood, Mametz Wood and the moving Devonshire Trench, now a cemetery commemorating the men killed



by machine gun fire before they had even climbed out.

The battle of the Somme raged until November 1916. The Bethnal Green pupils visited Lochngagar Crater, the result of an 8,000lb ammonium mine detonated on the first day under the German trenches, and Vimy Ridge (above), sites of terrible loss of life but now symbols of the eventual allied advance.

Moving on from the battlefields, the visitors attended a service of remembrance at the Thiepval memorial, which

records the names of 72,194 men who died at the Somme but were never found and have no known grave. Pupils read poems and laid a poppy wreath with a dedication on behalf of the school.

"The combination of history and personal remembrance served to make the trip so meaningful for our pupils. We hope they will take the lessons they learned forward in their lives as the future guardians of remembrance," said Tom Smith, assistant head teacher.



Emma Morris, laying a cross on her great uncle's grave



A YOUTH club in Mile End has been presented with an award in recognition of its work with young people. East London Tabernacle (ELT) Baptist Church received £1,500 cash for being the most active youth club in Tower Hamlets, associated with the grant giving Jack Petchey Foundation. Andy Mossop, youth and community worker at ELT, said: "The foundation has been a wonderful supporter of our work with young people. We will invest the money in the continued refurbishment of our basement youth centre." The awards, held at City Hall on Friday, October 2, marked the 15th anniversary of the foundation and the milestone of having invested £100m in youth projects. Pictured above: Andy Mossop and Samiul Hussain (Achievement Award winner)

Legal eagles help St Paul's biz kids

BY JESSICA ODUBAYO

BUDDING entrepreneurs at St Paul's Way Trust School are being coached in the legal aspects of start-up businesses by the school of law at Queen Mary University of London (QMUL).

Teach Tech Law includes practical tutorials on enterprise for pupils in Year 9 at the Bow school. Postgraduate students from the university lead workshops on the legal aspects of developing mobile applications, new technologies and online businesses.

Students will develop business ideas which will be used

as case studies on a range of topics including corporate structure, intellectual property, employment law, and data protection.

The programme, supported by law firm Cooley LLP, will conclude with a 'pitch day', where pupils will present their ideas to an expert panel of lawyers at the firm's headquarters in the City of London.

Patrick Cahill, a solicitor at Queen Mary University of London, said: "This scheme provides postgraduate law students with an opportunity to develop their practical legal skills, while also assisting pupils in learning about the legal and commercial aspects of developing a business."

Grahame Price, executive headteacher at St Paul's Way Trust School, said: "We are delighted to be collaborating with QMUL on this exciting initiative. "We are committed to offering our students as many opportunities as possible to learn about careers and equip them with the skills to succeed in the modern job market."

Partners and associates from Cooley LLP will provide legal supervision and careers guidance to students at QMUL and pupils at the school.

Kevin Perry, a partner at the firm, said: "We are delighted to be able to continue to support the work of QMUL in encouraging young entrepreneurs."

News in brief

Charity cash will help 20 youngsters

A HOUSING association has donated £2,500 to a charity that supports disadvantaged young people in east London.

Step Forward, which has operated in Bethnal Green since 1988, provides free, independent and confidential advice to help young local people develop and reach their full potential.

The donation, awarded by A2Dominion, will help support nearly 20 young people aged 11 to 18 in Tower Hamlets.

Jennifer Fear, chief executive of Step Forward, said: "Each year we work with an average of more than 2,000 young people, offering services as diverse as counselling for sexual abuse to financial management.

"We are incredibly grateful for A2Dominion's donation which will help ensure we continue to provide vital services to every child or young person who needs us."

Halloween party at sailing centre

WITCHES, zombies and ghouls are all welcome to a Halloween party at Docklands Sailing Centre on Saturday, October 31.

The event, for eight- to 16-year-olds and their parents, runs from 6-10pm at the centre at 235a Westferry Road, Isle of Dogs. It will feature disco dancing, spooky snacks, games and prizes for the best dressed.

Call 7537 2626 or visit www.dswc.org for tickets or further information.

Win a trip to Paris

CONSTRUCTION company Bouygues UK is hosting a schools' business language competition.

The contest, for pupils in year 10, involves pupils making a presentation in French on a sustainability-related subject. The three best teams of pupils will win a trip to Paris.

The competition will be held from January to May 2016.

For details, email corporate_responsibility@bouygues-uk.com

Are you registered for the next election?



Residents in Tower Hamlets are responsible for registering to vote.

Residents must:

- Fill in and return a Household Enquiry Form (HEF) providing information about ALL residents living at a property.
- Each person living in a household is then responsible for their own registration. You will need to provide your nationality, date of birth and national Insurance number to register.
- Failure to return the Household Enquiry Form by November 25, 2015 may result in your name being removed from the Published Register.

The council's canvassers have visited thousands of households across Tower Hamlets to help residents to register. They will be calling up to November 1, 2015.

Voting is our democratic right and we want to make sure that everyone who is entitled to vote is able to do so.

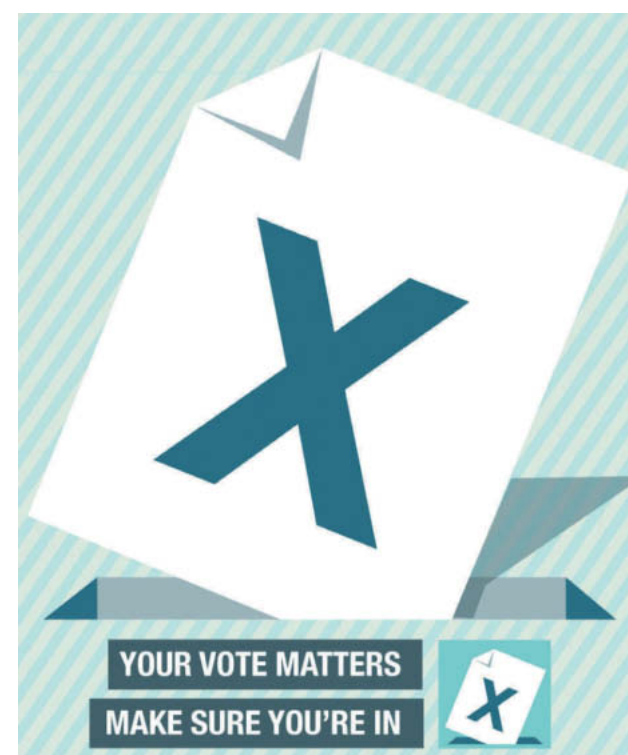
The next election to vote for a Mayor of London and Members of the London Assembly will be held on Thursday, 5 May 2016.

If you have not received any forms, or spoken to a canvasser, please contact the council elections team on:

Tel: 020 7364 0872

Email: vote@towerhamlets.gov.uk

Web: www.towerhamlets.gov.uk/vote





From the streets to a council seat

Phil Piratin had become a leading light in the Stepney Tenants Defence League, formed largely to protect locals against fascist intimidation. By 1937 he would be a Stepney councillor.

SEE BELOW

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

WWW.EASTLONDONHISTORY.COM

History

Housing crisis is nothing new

BY JOHN RENNIE

LONDON housing is in crisis – that will be no surprise to anyone. Not enough homes being built; those that are being built unaffordable for most of us (half a million for a one-bedroom flat anyone?); and private rents going through the roof.

Plus ça change, as they would say on the other side of the Channel.

The history of the East End of London is also a story of struggle for a decent, affordable place to live. Interestingly for we who live in an era where striking is being made increasingly difficult, direct action was often the answer.

Interestingly too, those protests, though they benefited every East Ender in sub-standard housing, were largely powered by members of immigrant communities.

East End housing in the 19th century was a byword for squalor, of course. Shoreditch, and Spitalfields, particularly, had seen tenement homes divided and subdivided and increasing waves of incomers squeezed in.

Mass immigrations of Irish from the 1850s and then of Jews fleeing Eastern Europe (and many other smaller immigrations too) put housing stock under intolerable strain.

Well... intolerable for the tenants, squeezed a family or two to a room, with no running water and sharing their homes with bugs and cockroaches.

For the landlords the law of supply and demand was a friend, allowing them to rack up rents... after all, where else could a potential tenant go? No point withholding the rent either: you would simply become blacklisted, and of course all the landlords would talk to each other.

The advent of social housing – first from the charities and trusts such as Rothschild, Peabody and Guinness, and later from the local authorities – saw a subtle shift of power into the hands of working people.

Of course, people still lived in fear of the rent collector (no direct debits in those days, a man in a bowler hat would turn up on the doorstep once a week). And not paying up could still see an individual family out on the street. But as the 20th century drew on, people realised that collective action was the way forward.

Immigration, bigotry and the rise of communism would come together to kindle the great East End rent battles of the 1930s, led by (among others) Phil Piratin, who would become the East End's Communist MP for Mile End, in 1945.

But the roots go back to 20 years before,



Children playing in the streets of an Edwardian slum

on Clydeside. There, a rent act designed to keep essential war-workers (Glasgow ship-builders) onside by freezing rents at 1914 levels and giving security of tenure, had rebounded on the Government. As properties became free, so the controls lapsed, meaning that new tenants soon realised they had considerably weaker rights than their neighbours.

Returning soldiers, promised 'homes fit for heroes', frequently found overpriced slums, certainly not fit for young families. Glasgow tenants, and many more across Britain, went on strike and received greater protections – but there was still a parlous shortage of decent housing being built.

And nowhere was the problem more acute than in the East End. Stepney housing was among the most overcrowded in the capital. A big survey of the city's slums by the Architect's Journal in 1933 reached a baleful conclusion. London County Council (LCC) commented glumly and unironically that "practically all Stepney is a slum".

And things were getting worse. London (especially Inner London boroughs such as the future Tower Hamlets) was still growing in population – the East End boroughs that became Tower Hamlets would peak at a population of 419,000 before steadily declining after World War II.

Most of the housing stock was Victorian and, 80 years on, it was even less fit for purpose than it had been when it was thrown up.

To cope with this perfect storm of housing misery, the LCC and Stepney council had managed to erect a miserable 2,000 homes during the whole of the 1930s – against the 14,000 the Architect's Journal had estimated had been needed by 1933 alone.

Competition for a place on the waiting list for a new home was fierce... and with allocation in the hands of local officials, suspicion was rife that some people were more equal than others. If you were an immigrant, particularly a recent one, your chances of getting one of the new homes was considerably lowered.

Throw that into the mix with the rise of anti-Semitism and fascism in the East End, and the rise of the local communist parties to fight the rise of the right, and an unusual coalition was born.

In the early 30s, Phil Piratin, the son of a local tradesman, had become a leading light in the Stepney Tenants Defence League, formed largely to protect locals against fascist intimidation. By 1937 he would be a Stepney councillor.

Piratin and his comrades had noticed how many local working class people were in the ranks of the Blackshirts as they marched through the East End. But how to get them on the side of the Left?

Years later, he described how he was "wandering around Fieldgate Mansions, looking for a local issue on which to campaign" when he noticed open gas flares on the staircases.

He had earlier asked locals if they had a problem he wanted them to deal with and had drawn a blank. But when he asked them about the danger of the flares... "I received a torrent of information and a cursing of the landlord. I had found an issue!"

The STDL began firing off letters to the press and to the landlord, pointing out he would be held responsible for any casualties – electric lighting was swiftly installed.

It was merely a dry run. Piratin wanted the tenants to take ownership of their own battles, and he found fertile ground in Paragon Mansions in Mile End.

Again, the argument wasn't that the rents were too high, but that the housing was inadequate. In 1937, as the residents refused to pay, the Paragon tenants committee barricaded the block against the bailiffs and police, who were bombarded with pails of water and mouldy flour.

The enforcers soon realised that the tenants were solidly against them, and tossed the problem back to the landlords – negotiations were soon taking place. Then, in August 1938, the tenants of Quinn Square in Bethnal Green (the heart of the fascist area), rose up to protest against a series of forced evictions (it soon emerged that most of the 'rent controlled' tenancies were also being illegally overcharged).

The tenants, supported by Labour and the Communists, went on a rent strike, demanding fair rents for all – controlled and decontrolled alike. After two weeks the owners caved in.

The trickle became a flood. The Poplar Tenants' Defence League was formed, inspired by their neighbours in Stepney.

Now some landlords were pre-empting trouble by signing new, fairer agreements with tenants. Others gave in quickly, though the owners of Brady and Langdale Mansions held out for 21 weeks.

Legendary activist Max Levitas lived in Brady Mansions. He later revealed how, though the movement was in part fuelled by the fight against anti-Semitism, the protests cut across cultural boundaries. "We were fighting Jewish landlords, the same way we'd fight any landlord that increases rents, doesn't care if he repairs flats... these are the enemies of the people," he said.

■ **NEXT WEEK: The Second World War and after**

References and with thanks to:

<http://socialistreview.org.uk/307/left-history-rising-east>

<http://www.sarahglynn.net/The%20Battle%20of%20Housing.html>

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179

Harmony

Ma ka dhiibatay ra,yi miisaaniyada

Have your say on budget proposals – see issue 1081

DUQA degmada Tower Hamlets, wuxu ku ballan qaaday inuu samaynayo wax kastoo uu ku badbaadinayo in la joojiyo deeqaha loogu talo galay lagu fuliyo adeegyada safka hore.

Duqa John Biggs wuxu wadahal ku saabsan kaydka councilka eek u salaysan miisaaniyaddoda la bilaabay dadweynaha. Waxa weli socota miisaaniyad dhimista lagu samaynayo degmooyinka, taas oo macnaheedu yahay in Tower Hamlets kaydiso £60 million saddexda sanadood ee soo socda.

Dhamaan degmooyinka waxa saaran masuuliyad ah, si-day miisaaniyadooda isugu dheelitiri lahaayeen. Si loo daboolo farqiga u dhexeeya odoroska miisaaniyada, councilku wuxu diyaariyey hindisayaal ku saabsan kaydka, isagoo ahmiyada siinaya dadweynaha. Hindisayaashan oo koobani waxay ku qoran yihiin, laguna kaydiyey websitka councilka haddii ay dhaqan galaan.

Sidoo kale councilku wuxu diyaariyey hindisayaasha kaydka, ee aan saamaynaynin adeegyada bulshada, si loo hubiyo inuu jiro isbedel dhamaaystiran iyo hab masuuliyadi ku dheehan tahay.

Hindisayaasha councilka wax

aka mid ah:

■ In la kordhiyo adeegyada la isticmaalo ee enternetka;

■ In lagu soo rogo lacag dadka awooda inay bixiyaan adeegyada qaar;

■ In la horumariyo qiimeynta iyo natiijooyinka kasoo baxa heshiisyada councilka;

■ In hoos loo dhigo heerka deeqaha iyo lacagaha la siiyo ardayda kulleejyada (si ay ula mid noqdaan degmooyinka kale);

■ In la horumariyo sida adeegyada loo maamulo.

“Waxa ballanqaadkayagu yahay horumarinta adeegyada dadweynaha, si aanu u daryeelo dadka dayacan, isla markaana aanu u qorsheyno hab miisaaniyadeed cad oo qeexan, hindisahana ku haboon,” Duqa Biggs ayaa sidaa yidhi. “Inta uu socdo habka lagu ogaanayo kaydka suurtagalka ah, waxaan weydiinayaa adeegyada safka hore, bulshada ugu baahida badan si adeega loo qabto loo badbaadiyo.

“Waxaan sidoo kale weydiyey shaqaalaha xafiisyada ku sugan in waxqabadkooda lasii tayeeyo, dib-uhabayna lagu sameeyo maamulayaasha iyo tig-noloojiyada oo laga dhigo qalab sidii larabay u shaqeeya.

“Waxaanu durbaba bilownay in qaybo councilka ka mid ah iyo wakaalada la shaqeeyaa

isbedelka la jaan qaadaan, horumarka dhaqaalaha ee degmada iyo ganacsiga oo koraya, laakiin waxa na horyaala inaanu hawlo badan qabano.

“Waxaanu u baahanahay inaanu eegno sidaanu councilka u habayn lahayn, si aanu isugu dheelitirno miisaaniyada, isla markaana aanu u gaadhano halka-anu higsanayno.

“Waxaanu u baahanahay inaanu wadahal ku saabsan miisaaniyada sanadkan la bilowno bulshada degmada degan, wadahalalka waxaanu wadaynaa saddexda bilood ee soo socda, waxaanuna dejinay istiraajiyad sadex sanadood ah.”

Ra,yigaaga way u baahan tahay degmadaadu, fikradana qofku wuxu ku dhiiban karaa online ama kulan uu cid la kulmo, si firsad dadweynuhu ugu helo hindisayaasha ku saabsan kaydka.

Marka wadahalalku xidhmo, najiitada waxa lagu isticmaalayaa hindiyaasha golaha councilku ogalaanayo kulanka qabsoomaya bisha Janaayo 2016ka. Wadahalalku wuxu furan yahay inta u dhaxaysa 12ka Oktoobar-gka Noofembar 2015ka.

Hadaad warbixin dheeraad ah u baahato ama doonayso inaad wadahalalka ka qaybqaadato booqo, www.towerhamlets.gov.uk/yourborough

Tijaabada caafimaadka indhaha

Test every two years for healthy eyes – issue 1081

DAD ka badan 70 qof ayaa ka soo qayb galay, munaasibad qaran oo lagu taageerayey todobaadka caafimaadka indhaha.

Usbuucaasi wuxu isu keenay ururo, hayado samofal iyo xirfadlayaal caafimaad si loo muujiyo muhiimada caafimaadka indhaha iyo baahida loo qabo tijaabada araga oo la joogteeyo.

Munaasibada ka qabsoontay Albert Jacob House waxay isugu

jirtey bandhig, qaybo hadal ah oo ay soo jeediyeen dhakhaatiir ku takhasusay indhaha iyo tilmaamo ku saabsan adeegyada caafimaadka indhaha.

Tijaabada araga oo la joogteeyaa waxay muhiim u tahay dayactirka caafimaadka indhaha, dadka waxa la gudboon inay indhahooda tijaabiyaan labadii sanadoodba mar.

Caruurta da,doodu ka yar tahay 16 jir, waxay xaq u leey-

ihiin inay helaan tijaabada araga oo bilaash ah, sidoo kale dhalinyarta da,doodu tahay 19 jir ee waxbarasho buuxda ku jira.

Waxa sidoo kale tijaabada indhaha ee bilaa lacagta xaq u leh dadka da,doodu ka weyn tahay 65 jir, dadka xanuunka sonkorowga qaba iyo dadka dareemayaasha araga waxyeelo ka gaadhay. Hadaad warbixin dheeraad ah oo u baahato, wac tilifoon 7364 6953.

এ সিজন অব বাংলা ড্রামা অনুষ্ঠিত হচ্ছে নভেম্বরে

ইতিহাসকে ফোকাস করে নভেম্বরে আয়োজিত হতে যাচ্ছে এ সিজন অব বাংলা ড্রামা। নাটকের পাশাপাশি এই আয়োজনে থাকবে আলোচনা, সঙ্গীত ও কবিতা পাঠের আসর। যোগ দিন, উপভোগ করুন। বিস্তারিত সংবাদ নিচে

A SEASON OF BANGLA DRAMA RETURNS FOR 13TH YEAR

বাজেট সেভিং নিয়ে কনসালটেশনে অংশ নিন

Council drive to find budget savings – see issue 1081

টাওয়ার হ্যামলেটস কাউন্সিলের পক্ষ থেকে বলা হয়েছে, লোকাল গভর্নমেন্ট ফান্ডিং অব্যাহতভাবে কমাতে থাকার অর্থ, আগামি তিন বছরে কাউন্সিলের বিভিন্ন খাত থেকে খরচ প্রায় ৬০ মিলিয়ন পাউন্ড কমাতে হবে।

ভারসাম্যপূর্ণ একটি বাজেট তৈরী করা সকল লোকাল অথরিটির দায়িত্ব, তাই কাউন্সিলের বাজেটে ফান্ডিং গ্যাপ কমাতে বেশ কিছু সেভিং প্রোপোজাল তৈরী করা হয়েছে, এগুলো সম্পর্কে কাউন্সিল বারার বাসিন্দাদের মতামত করেছে।

প্রস্তাবনাগুলোর সারসংক্ষেপ দেয়া আছে কাউন্সিলের ওয়েবসাইটে।

কাউন্সিলের এই প্রস্তাবনাগুলোর মধ্যে রয়েছে: অনলাইনে একসেস করা যায়, এমন সার্ভিসের সংখ্যা বাড়ানো; যাদের সামর্থ্য রয়েছে, তাদের জন্যে নির্দিষ্ট কিছু সার্ভিসের চার্জ বৃদ্ধি; কাউন্সিলের কন্ট্রাক্টগুলো থেকে আরও ভালো ফলাফল পাওয়া নিশ্চিত করা; গ্র্যান্টস ও অনুদান কমানো (অন্যান্য লোকাল অথরিটির সাথে মিল রাখা হচ্ছে এর উদ্দেশ্য) এবং কাউন্সিলের

সার্ভিসসমূহের ব্যবস্থাপনার মান আরও উন্নত করা।

টাওয়ার হ্যামলেটসের মেয়র জন বিগস বলেন: পাবলিক সার্ভিসের মানোন্নয়ন করা, অর্থনৈতিক কৃচ্ছ্রতামূলক বিশাল ব্যবস্থাপনার হাত থেকে সমস্যাচ্ছন্ন মানুষদের রক্ষা করা এবং অবাধ, স্বচ্ছ ও উদ্দেশ্যের সাথে সঙ্গতিপূর্ণ একটি বাজেট প্রণয়ন পদ্ধতি কার্যকর করার জন্যে আমি অঙ্গীকারাবদ্ধ।

সম্ভাব্য সেভিং খাতগুলো চিহ্নিত করার প্রক্রিয়া চলাকালে আমি সব সময় বলে এসেছি, আমাদের কমিউনিটিগুলো যে সার্ভিসগুলোর ওপর বেশি নির্ভরশীল, সেই ফ্রন্টলাইন সার্ভিসগুলো রক্ষা করতে হবে।

মেয়র বিগস আরও বলেন: ব্যাক অফিস ফাংশন আরও দক্ষতাপূর্ণ করা, ম্যানেজমেন্ট ভূমিকার স্তরগুলো আরও কমিয়ে আনা এবং বারার উন্নয়নে টেকনোলজিকে আরও বেশি করে কাজে লাগানোর জন্যেও আমি বলেছি।

বারার অর্থনীতি ও প্রবৃদ্ধি আরও জোরদারে ইতিমধ্যে বেশকিছু পদক্ষেপ নেয়া হয়েছে, তবে আমাদের আরও অনেক কিছু করতে হবে।

তিনি বলেন: কাউন্সিলকে এখন এমনভাবে চলে সাজাতে হবে, যেন আমরা একই সাথে ব্যালেন্সড বাজেট করতে পারি, আবার আমাদের প্রত্যাশার বাস্তবায়নও যেন করতে সক্ষম হই।

মেয়র বলেন: এ বছরের বাজেট নিয়ে স্থানীয় কমিউনিটিগুলোর সাথে আমরা

সংলাপ শুরু করেছি, তিন বছরের একটি মিডিয়াম টার্ম স্ট্র্যাটেজি তৈরীর লক্ষ্যে এই সংলাপ অব্যাহত থাকবে।

ইওর বারা ইওর ভয়েস নামের এই পাবলিক কনসালটেশনে অংশ নেয়ার সুযোগ থাকবে অনলাইনে, আবার মুখোমুখি সংলাপ করার সুযোগও থাকবে এ জন্যে।

কনসালটেশনের মতামতের আলোকে কাউন্সিল কেবিনেট সেভিং প্রোপোজাল সম্পর্কিত সিদ্ধান্ত চূড়ান্ত করবে ২০১৬ সালের জানুয়ারিতে নির্ধারিত একটি সভায়।

কনসালটেশনে অংশ নেয়ার সুযোগ উন্মুক্ত থাকবে চলতি বছরের ১২ অক্টোবর থেকে ৯ নভেম্বর পর্যন্ত।

এ সিজন অব বাংলা ড্রামা: ১৩ম আয়োজন নভেম্বরে

A Season of Bangla Drama returns for 13th year – p21

‘এ সিজন অব বাংলা ড্রামা’র ১৩তম আয়োজন শুরু হতে যাচ্ছে নভেম্বরে।

নাটক, নৃত্য, সঙ্গীত এবং আরও অনেক কিছুর সমারোহে এই বর্ণাঢ্য আয়োজনের ২৫টি পর্ব অনুষ্ঠিত হবে টাওয়ার হ্যামলেটসের বিভিন্ন স্থানে। এগুলোর মধ্যে থাকছে:

দি আলতাভ আলী স্টোরি: ১৯৭৮ সালে আলতাভ আলীর মৃত্যুর হৃদয়বিদারক কাহিনী নিয়ে তৈরী হয়েছে এই হৃদয়গ্রাহী উপস্থাপনা।

মিসিং গার্লস: মেয়ে হিসেবে জন্ম নেয়া বা একটি মেয়ের জন্ম দেয়ার পরিণতি নিয়ে এর কাহিনী। বিশ্বের নানা প্রান্তের মেয়েদের সত্যিকারের কাহিনী নিয়ে এর উপস্থাপনা তৈরী হয়েছে বিভিন্ন ধরনের থিয়েটার ও দক্ষিণ এশিয়ার সমসাময়িক নৃত্যের সহযোগে।

রবীন্দ্রনাথ ঠাকুরের সৃষ্টিসম্ভার নিয়ে একটি ট্রিলজি: তিনটি আধিভৌতিক আতঙ্ক জাগানিয়া কাহিনী। এর মধ্যে রয়েছে একজন মেডিক্যাল ছাত্রের কাছে কবর থেকে এক কঙ্কালের সত্য জানিয়ে দেয়া, অলঙ্কারের প্রতি স্ত্রীর অস্বাভাবিক আসক্তির শিকার এক মানুষের কাহিনী এবং যুক্তিবাদ ও আধ্যাত্মবাদের মধ্যকার বিরোধ।

ইদারা (জলকূপ): ১৯৪৭ সালের ধর্মীয় ও ভুরাজনৈতিক সংঘাতের পটভূমিতে রচিত এর কাহিনী। হিন্দু ও মুসলিম এই দুই ধারায় তীব্র ভাবে বিভক্ত একটি গ্রামের এক বাসিন্দাকে তার নবজাতকের ধর্মীয় পরিচয় প্রকাশের জন্যে প্রবল চাপ দেয়া হচ্ছে। কাহিনী জমে উঠবে, রহস্য জমাট বাঁধবে, যখন লুকিয়ে রাখা নবজাতককে এক পর্যায়ে পাওয়া যাবে গ্রামের কুয়ার মধ্যে।

থার্টিন্থ সেঞ্চুরি: দ্বিতীয় বিশ্বযুদ্ধ সমাপ্তির ৭০ বছর পর হিরোশিমা ও নাগাসাকায় এটম বোমা ট্রাজেডির কাহিনী এই প্রোডাকশনে তুলে ধরা হয়েছে। যুদ্ধের নৈতিকতা নিয়ে চলমান প্রশ্নের সুরাহা পেতে বিশ্বযুদ্ধ পরবর্তী সংঘাতময় পরিস্থিতির ভয়াবহ প্রভাবের কথাও তুলে ধরা হয়েছে এখানে।

নাটকটির মঞ্চায়ন করবে বাংলাদেশের প্রখ্যাত নাট্য সংস্থা ‘স্বপ্নদল’। যুক্তরাজ্যে ‘স্বপ্নদল’এর এটাই হবে প্রথম মঞ্চায়ন



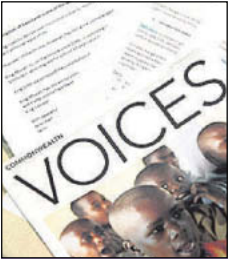
Navrasa at Rich Mix, starring Cid Shaha and Aindrilla Ghosh PHOTO: Rehan Jamil

‘এ সিজন অব বাংলা ড্রামা’র অংশ হিসেবে আরও অনুষ্ঠিত হবে আলোচনা অনুষ্ঠান, প্রদর্শনী ও পদচারণা।

সকল অনুষ্ঠানসূচি জানতে ভিজিট করুন: www.towerhamlets.gov.uk/arts।

টাওয়ার হ্যামলেটসের মেয়র জন বিগস বলেছেন: এই আয়োজনে ঐতিহ্যবাহী ও নতুন নতুন ধরণে উপস্থাপিত হবে পুরনো এবং নতুন অনেক কাহিনী, এগুলো গ্র্যাংলো বাংলা সংস্কৃতির সেলিব্রেশন, কিন্তু তা সবার জন্যেই, পৌঁছে যাবে সকলের কাছে।

কালচার বিষয়ক কেবিনেট মেম্বার কাউন্সিলার আসমা বেগম বলেন: প্রতি বছর এই আয়োজন আরও ভালো হচ্ছে, আরও বড় হচ্ছে।



৫৩ কমন্ওয়েলথ দেশের হয়ে ১০০ তরুণের বিতর্ক

কমনওয়েলথের ৫৩টি সদস্য দেশের হয়ে লন্ডনের বিভিন্ন বারার ১০০ তরুণ বিশ্বের নানা গুরুত্বপূর্ণ সমস্যা ও তার সমাধান নিয়ে প্রাণবন্ত বিতর্কে মগ্ন হয়েছিলেন। টাউন হল চেম্বারে এই ডিবেটে তাদের জ্ঞানের পরিধি বেড়েছে, জানা গেছে। বিস্তারিত পড়ুন নিচে

COMMONWEALTH DEBATE GETS YOUNG PEOPLE TALKING

Harmony

Commonwealth debate gets young people talking – see page 10



Young people, representing heads of Commonwealth governments, in the council chamber at the Town Hall



তরুণরা অংশ নিলেন কমনওয়েলথ ডিবেটে

কমনওয়েলথ সরকার প্রধানদের শীর্ষ সম্মেলনের আদলে একটি ডিবেটের আয়োজন করা হয়েছিলো টাওয়ার হ্যামলেটস টাউন হল কাউন্সিল চেম্বারে গত ৩ অক্টোবর।

টাওয়ার হ্যামলেটসসহ পুরো লন্ডনের প্রায় ১০০ তরুণ এতে অংশ নিয়ে বিশ্বে এখনকার সবচেয়ে বেশি জরুরী ইস্যুগুলো নিয়ে আলোচনা করেন।

রয়্যাল কমনওয়েলথ সোসাইটি ও দি ড্যানফোর্ড ট্রাস্টের সাথে পার্টনারশিপে এবং কাউন্সিলের ইয়থ সার্ভিসেস টিমের সহযোগিতায় দিনব্যাপি এই আন্তর্জাতিক সম্মেলনের আয়োজন করে ইয়থ কাউন্সিল। ৫৩টি কমনওয়েলথ দেশের হয়ে ডিবেটে প্রতিনিধিত্ব করেন এই ১০০ তরুণ। আলোচ্য বিষয়ের মধ্যে ছিলো, জলবায়ু পরিবর্তন, জেভার ইকোয়ালিটি, টেকসই উন্নয়ন ও স্বাস্থ্য।

পেশাদারিত্বের সাথে নির্ধারিত সময়ের মধ্যে যেন সব ইস্যু নিয়ে বিতর্ক সম্পন্ন হয়, সে বিষয়ে এবং কমনওয়েলথের সেক্রেটারী জেনারেলের জন্যে চূড়ান্ত ইশতেহার লেখা নির্ধারিত সময়ের মধ্যে সম্পন্ন করার ব্যাপারে ভূমিকা রাখে তরুণদের নেতৃত্বাধীন একটি বিশেষ সামিট স্টেটমেন্ট টিম।



টাওয়ার হ্যামলেটসের ডেপুটি ইয়াং মেয়র মনসুর আলী সম্মেলনের পর বলেন: এটি একটি উদ্দীপনামূলক ইভেন্ট ছিলো। তরুণ অংশগ্রহণকারীদের এতো বিপুল সংখ্যক

দেশের প্রতিনিধিত্ব করতে দেখা ছিলো সত্যিকারের একটি বিশ্বয়। এতে অংশ নেয়ার মধ্য দিয়ে তাদের জ্ঞানের পরিধি ও নিজদের ওপর আস্থা আরও অনেক বেড়েছে বলে আমি মনে করি।

ডেপুটি মেয়র ও এডুকেশন ও চিলড্রেন সার্ভিসেস বিষয়ক কেবিনেট মেম্বর কাউন্সিলার র্যাচেল সভার্স টাউন হলে ডেলিগেটদের স্বাগত জানান এবং

বলেন: কমনওয়েলথ কাঠামোর আদলে একটি সম্মেলনে অংশ নিয়ে বিশ্বের চলমান গুরুত্বপূর্ণ সমস্যাগুলো ও তার সমাধানের সম্মানে অনুষ্ঠিত এই বিতর্ক অনুষ্ঠান থেকে এ বিষয়টি আবারও উঠে এসেছে যে, পৃথিবীর সর্বত্র বন্ধুদের সাথে পার্টনারশিপে কাজ করার মধ্য দিয়েই সব সমস্যার সমাধান খুঁজে নেয়া হচ্ছে সবচেয়ে ভালো পন্থা। নিজদের পরিবার, বন্ধু ও বৃহত্তর কমিউনিটিকে প্রভাবিত করছে যে সব ইস্যু, সেগুলো সম্পর্কে এই উদ্যমী তরুণেরা সচেতন রয়েছে এবং সেসবের সমাধান পেতে তারা সচেষ্ট, এটা দেখে আমি সত্যিই আনন্দিত।

কিশোরতরুণদের জন্যে কাউন্সিলের ব্যাপকভিত্তিক সার্ভিস ও সাপোর্ট সম্পর্কে জানতে ভিজিট করুন: www.towerhamlets.gov.uk/youth

রেস্টুরেন্টে টিপস: আইন না মানলে কঠোর ব্যবস্থা

টাওয়ার হ্যামলেটস বারার রেস্টুরেন্টসমূহকে টিপস ও সার্ভিস চার্জ বিষয়ে তাদের আইনগত বাধ্যবাধকতা সম্পর্কে স্মরণ করিয়ে দিয়েছে টাওয়ার হ্যামলেটস কাউন্সিল।

ওয়ার্ক এন্ড ইকোনমিক প্রোথ বিষয়ক টুকেবিনেট মেম্বর কাউন্সিলার জশোয়া প্যাক এ বিষয়ে তাদের চিঠি লিখেছেন।

টিপস ও সার্ভিস চার্জ সম্পর্কে আইনের ধারা যেনে চলার বিষয়ে চিঠিতে রেস্টুরেন্ট মালিকদের পরামর্শ ও দিকনির্দেশনা দেয়া হয়েছে। টাওয়ার হ্যামলেটসের সর্বত্র যে সব রেস্টুরেন্ট চেইন ক্যাটারিং স্টাফ নিয়োগ দিয়ে থাকে, তাদের স্বত্বাধিকারীদেরকে দেয়া হয়েছে এই চিঠি। বড় ধরণের রেস্টুরেন্ট চেইনে বিতর্কিত টিপিং পলিসির বিষয় প্রকাশ হওয়ার পর এই উদ্যোগ নেয়া চূহলো। জানতে পারা গেছে, এই বিতর্কিত টিপিং পলিসি অনুযায়ী কোন ওয়েটিং স্টাফ সেদিন কোন টিপস পেতে সক্ষম হয়েছেন কি হননি, তার তথ্যাক্ষা না করেই কোন কোন রেস্টুরেন্ট মালিক ওয়েটিং স্টাফদের কাছ থেকে বিক্রির মোট পরিমাণের একটি অংশ নিয়ে নেন।

Fair tips campaign on the menu – see issue 1081

রেস্টুরেন্ট স্টাফদের কাছ থেকে এই অভিযোগও পাওয়া গেছে যে, কখনো কখনো টিপস হিসেবে তারা যা পেয়েছেন, তার থেকে বেশি পরিমাণের অর্থ তাদের বেতন থেকে কেটে নেয়া হয়েছে।

কাস্টোমাররা যদি এই ধারণা পান যে, তাদের দেয়া টিপসের অর্থ পুরোটাই স্টাফরাই পাচ্ছেন, কিন্তু আসলে যদি তা না হয়, তাহলে তা হবে কাস্টোমারদের বিভ্রান্ত করা এবং সেটা হবে কনজিউমার প্রটেকশন রেগুলেশন ভঙ্গের শামিল।

আনফেয়ার ট্রেডিং রেগুলেশনস ২০০৮-এর আওতাধীন কনজিউমার প্রটেকশন অনুযায়ী কাস্টোমারদের সাথে কমার্শিয়াল প্র্যাকটিসকালে ন্যায়ের ভিত্তিতে ও সততার সাথে আচরণ নিশ্চিত করতে হবে।

টিপস, দান, কাভার ও সার্ভিস চার্জ কিভাবে সংগৃহীত হয়ে থাকে সেন্ট্রাল গভার্নমেন্ট তা জানতে চাওয়ার পর টাওয়ার হ্যামলেটস কাউন্সিলের পক্ষ থেকে এই সাম্প্রতিক পদক্ষেপ নেয়া হলো।

ডিপার্টমেন্ট ফর বিজনেস, ইনোভেশন এন্ড স্কিলস এর পক্ষ থেকেও তদন্ত করে দেখা হচ্ছে রেস্টুরেন্টসমূহের মালিকরা তাদের স্টাফদের কাছ থেকে বেআইনীভাবে অর্থ কেটে রাখছেন কিনা।

ওয়ার্ক এন্ড ইকোনমিক প্রোথ বিষয়ক কেবিনেট মেম্বর কাউন্সিলার জশোয়া প্যাক বলেন, টাওয়ার হ্যামলেটসের বাসিন্দাদের জন্যে আরও কর্মসম্প্রদায়ের সুযোগ সৃষ্টির জন্যে আমি ব্যবসা প্রতিষ্ঠানসমূহের সাথে একযোগে কাজ করে যেতে দৃঢ়ভাবে ইচ্ছুক, কিন্তু তাদের এটা বুঝতে হবে যে, মদ এমপ্লয়মেন্ট প্র্যাকটিসের বিষয়ে আমাদের নীতি জিরো টলারেন্স। যথাযথ একটি কাজের দিন শেষে তাদেরকে যথাযথ বেতন দিতে হবে।

তিনি বলেন, কাউন্সিলের ট্রেডিং স্ট্যান্ডার্ডস টিম কনজিউমার ও স্টাফদের সাথে অন্যায আচরণ রোধে সহায়তা দেবে। বারার কোন বাসিন্দার যদি এ ধরণের কোন আচরণের কথা

জানা থাকে, তাহলে আমাদের সাথে যোগাযোগ করার জন্যে আমি অনুরোধ রাখছি। ডেপুটি মেয়র ও কেবিনেট সেফিটি বিষয়ক কেবিনেট মেম্বর কাউন্সিলার শিরিয়া খাতুন এ প্রসঙ্গে বলেন, বারার রেস্টুরেন্টগুলোতে যারা কাজ করেন

এবং এখানে খেতে আসেন, তারা সবাই ন্যায্যনুগ আচরণ পাচ্ছেন, এটা জেনে স্বস্তি বোধ করার সুযোগ তাদের থাকতে হবে। কাউন্সিল সব সময়েই যথাযথ উদ্যোক্তাদের সমর্থন দিয়ে যাবে, কিন্তু ফেয়ার ডিল সম্পর্কিত বিধান ভঙ্গ করলে সব সময়েই কঠোর ব্যবস্থা গ্রহণ করবে।

স্থানীয় রেস্টুরেন্টগুলোতে টিপ প্রদানের বিষয়ে বারার কারও কোন বাসিন্দার উদ্বেগ থেকে থাকলে কাউন্সিলের কনজিউমার এন্ড বিজনেস রেগুলেশন সার্ভিসে ০২০ ৭৩৬৪ ৫০০৮ এই নাম্বারে ফোন করে বা tradingstandards@towerhamlets.gov.uk এই এড্রেসে ইমেইল করে জানানো যাবে।

ঐকতান

Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG.

7364 4944

News in brief

কেয়ার ক্যাটারিংয়ে বারার পুরস্কার লাভ

টাওয়ার হ্যামলেটস কাউন্সিল বারার সমস্যাগ্রস্ত বাসিন্দাদের কাছে স্বাস্থ্যকর ও অরপ্যানিক খাবার পৌঁছে দেয়ার দায়িত্ব অসাধারণ দক্ষতার সাথে পালনের কারণে ন্যাশনাল এসোসিয়েশন অব কেয়ার ক্যাটারিং (এনএসসি) এওয়ার্ড লাভ করেছে।

উল্লেখ্য, টাওয়ার হ্যামলেটস হচ্ছে লন্ডনের মধ্যে একমাত্র বারা, যেটি বছরের প্রতিটি দিন দৈনিক রান্না করা গরম খাবার সংকটগ্রস্তদের কাছে পৌঁছে দিয়ে থাকে। এওয়ার্ডের বিচারকেরা বলেছেন, এই মডেল অন্যদের জন্যে অনুকরণীয়।

টাওয়ার হ্যামলেটসের কন্ট্রাস্ট সার্ভিসেস টিম যে এই প্রথম একটি পুরস্কার অর্জন করলো, তা নয়, মাত্রই কয়েক সপ্তাহ আগে তারা অর্জন করেছে গোল্ড ফুড ফর লাইফ ক্যাটারিং মার্ক। প্রতিদিন বারার নার্সারি ও প্রাইমারি স্কুলগুলোতে ২৯ হাজার মান সম্পন্ন মিল সরবরাহ করার কারণেই এই অর্জন।

টাওয়ার হ্যামলেটসের মেয়র জন বিগস বলেছেন: গোটা লন্ডনের মধ্যে আমাদের মিলস অন হুইলস সার্ভিস হচ্ছে শেষতম, যা এখনও টিকে আছে।

এই সার্ভিসকে অর্থনৈতিকভাবে টিকিয়ে রাখার উপায় আমাদের খুঁজে বের করতে হবে। খরচ কমিয়ে রাখতে হচ্ছে, তারপরও আমাদের কন্ট্রাস্ট সার্ভিসেস টিম সুস্বাদু ও স্বাস্থ্যকর খাবার সরবরাহ করে যাওয়ার জন্যে যে কঠোর পরিশ্রম করে যাচ্ছেন, তা প্রশংসাযোগ্য। আমাদের কাছ থেকে লন্ডনের অন্যান্যদের আসলেই কিছু শেখার আছে।

কেয়ার সেক্টরের ক্যাটারিংয়ে উৎকর্ষতা, একাত্মতা ও উৎসাহব্যঞ্জক অর্জনকে সম্মানিত করার লক্ষ্য থেকেই এনএসসি এওয়ার্ড প্রদান করা হয়ে থাকে।

লেখালেখি উৎসব

রাইটআইডিয়া ১৩ থেকে

১৫ নভেম্বর

টাওয়ার হ্যামলেটস কাউন্সিলের লেখালেখি উৎসব 'রাইটআইডিয়া'র সপ্তম আয়োজন আগামি ১৩ থেকে ১৫ নভেম্বর পর্যন্ত অনুষ্ঠিত হতে যাচ্ছে হোয়াইটচ্যাপেল আইডিয়া স্টোরে।

এবারের উতসবে স্থানীয় ইতিহাসকে উৎসবের প্রধান ফোকাস করা হয়েছে। উৎসবের আলোচনাগুলোতে ঐতিহাসিক ডেরেক মরিস বক্তব্য রাখবেন ১৮শ শতাব্দীর ইস্ট লন্ডন সম্পর্কে বলবেন সারা হ গ্লিন। ডেভিড রোজেনবার্গের আলোচনার বিষয় থাকবে, শান্তিবাদি ও ফ্যাসিজম বিরোধী আন্দোলনে অংশ নেয়া মানুষজনসহ উন্নত জীবনের লক্ষ্যে ইস্ট এন্ডারদের সংগ্রামের কাহিনী।

উৎসবটি বিনামূল্যে উপভোগ করা যাবে, তবে, বিভিন্ন আয়োজনে বিপুল মানুষের উপস্থিতি হতে পারে, এ জন্যে আগ্রহীদেরকে আগেভাগেই ফ্রি টিকিট বুক করার অনুরোধ জানানো হয়েছে।

টুইটারে এই উৎসব ফলো করা যাবে: @writeideafest। আসন্ন লোকাল ইভেন্ট সম্পর্কে জানা যাবে: ideastore.co.uk।

টাওয়ার হ্যামলেটসের মেয়র জন বিগস বলেছেন: রাইটআইডিয়া আমাদের সমৃদ্ধির সেলিব্রেশন, নতুন কিছু জানার সুযোগও।

কালচার বিষয়ক কেবিনেট মেম্বর কাউন্সিলার আসমা বেগম বলেন: পড়া, লেখা ও সাংস্কৃতিক কর্মকাণ্ডে আরও বেশি করে অংশ নেয়ার সুবিধা সম্পর্কে মানুষকে আমাদের উৎসাহিত করা উচিত। রাইটআইডিয়া উৎসব বারার বাসিন্দাদের নেতৃত্বে একটি দারুণ উদ্যোগ। প্রত্যেকের জন্যে এখানে কিছু না কিছু থাকবে। এএবিষয়ে বিস্তারিত জানতে ভিজিট করুন: writeideafestival.org বা কল করুন: 7364 4322.

৭ নভেম্বর রাতের আকাশে আলোর খেলা



৭ নভেম্বর শনিবার ভিক্টোরিয়া পার্কে আবারও অনুষ্ঠিত হচ্ছে ফায়ারওয়ার্কস নাইট। ইস্ট লন্ডনের আকাশ তাই আবারও আলোকছটায় উদ্ভাসিত হবে ৫ বছর পর।

এ বছরের গাই ফক্স আলোক উতসবের দর্শকেরা বিমোহিত হবেন চোখ ধাঁধানো আলোকছটা আর সেই সাথে মনমাতানো সঙ্গীতমুর্ছনায়। পরিবারের সবাই আর বন্ধুদের নিয়ে শীতের জামাকাপড় গায়ে সকলকে এই প্রাণবন্ত অনুষ্ঠান উপভোগের আমন্ত্রণ জানানো হয়েছে। এজন্যে কোন ফি দিতে হবে না।

যারা ফায়ারওয়ার্কসের ছবি তুলবেন, তাদেরকে কাউন্সিলের সোশ্যাল মিডিয়ায় #তথরণমরপ্রকট তা পাঠানোর অনুরোধ করা হয়েছে।

টাওয়ার হ্যামলেটসের মেয়র জন বিগস এ উপলক্ষে বলেছেন: ভিক্টোরিয়া পার্কে ফায়ারওয়ার্কস ফিরে আসায় আমি অত্যন্ত আনন্দিত। দর্শনার্থীরা আরও বড় আকারে ও আরও ভালো ফায়ারওয়ার্কস এবার উপভোগ করবেন।

কালচার বিষয়ক কেবিনেট মেম্বর কাউন্সিলার আসমা বেগম বলেন: ফায়ারওয়ার্কস প্রদর্শনীর বিষয়ে আমাদের কাউন্সিল খুব নাম করেছে, ভিক্টোরিয়াপার্কে আবারও এটা ফিরে আসায় এবারের প্রদর্শনী আরও জাঁকজমকের সাথে হবে।

ফায়ারওয়ার্কস নাইট প্রদর্শনীর স্পনসর হচ্ছে: ব্যারাট লন্ডন, বার্কলী গ্রুপ ও ভিলিয়া।

■ The above stories are: Tower Hamlets scoops top sustainability prize for Meals on Wheels – page 18; writers take over Whitechapel for free reading festival; fireworks return home to Victoria Park – page 3.



Patricia Shepherd enjoys the henna painting

Dozens of residents proved that life is about celebrating when they got together to mark Older People's Day. **Jessica Odubayo** joined them. Photos by **Kois Miah**.



Linked by age plus

Beatrice Scott and Victoria Opeyokun



Laurie Allen



Peggy Davis (left) and Muriel Cooke

UK OLDER people's day on October 1 recognises the role of older people in our communities and the contribution they make to society.

The council hosted an event on Tuesday, October 6, with LinkAge Plus, a borough-wide service aiming to improve well-being and reduce social isolation amongst residents aged 50 and over.

Held at Mile End Leisure Centre, the celebration featured stalls run by community organisations, massage, raffles, games, food, arts and crafts, dancing and entertainment.

Dave Barnard, head of community services at Toynbee Hall which co-ordinated the day, said the annual event provided a chance for socialising

and access to information about healthy lifestyles and local opportunities.

The day also featured this year's Barry Blandford awards. The awards were set up by Age UK East London and members of the former Tower Hamlets mayor and councillor's family, to thank and honour volunteers who help run activities, befriend older people and support LinkAge Plus centres.

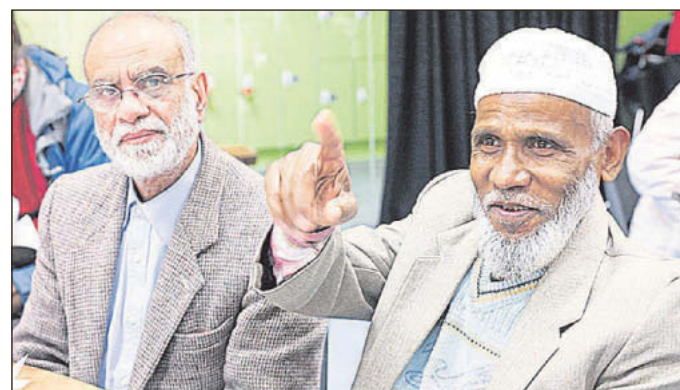
Sixty-three award winners were presented with certificates. **Martin Darling**, a retired IT technician who has volunteered for Age UK since 2009, was presented with the runners-up trophy.

Overall winner **Lizzie Atkins** was acknowledged for supporting people with dementia, being an advocate and making a difference to many lives.



Barry Blandford
award winners with
his daughters Tracy
and Allisun

so much more



Nurul Gani with friend Eyor Miah



Primla Bhambri and Arthur



Martin Darling

Laurie Allen, 71, lives in Spitalfields. He's lived in Tower Hamlets all his life and volunteers for Toynbee Hall where he puts on free, monthly film shows and runs singing groups.

"We reminisce about old songs. The singing group is a non-judgemental, warm supportive environment where everyone has a voice," Laurie said.

"I use memory prompts and get participants to sing along to medleys such as Knees up Mother Brown, Maybe It's Because I'm a Londoner and My Old Man.

"My tip for growing older is keep in touch with the local community, see what it has on offer through the local centres, meet up with old and new friends and enjoy the delights of life."

Victoria Opeyokun, 66, and **Beatrice Scott**, 67, both volunteers with Age UK, said the company of friends, singing in church, exercise, and volunteering activities keep them happy and young at heart.

Patricia Shepherd, 66, volunteers at St Joseph's Hospice in Hackney where she helps out with the coffee club, Alzheimer's group and sings with the St Joseph's choir.

"Getting older allows you to be more open and outspoken," she said.

Muriel Cooke, 66, and **Peggy Davis**, 83, attend the LinkAge Plus hub at the Sundial Centre in Bethnal Green.

The friends, who volunteer for a tea trolley service at Homerton Hospital, said they also kept active by playing darts, enjoying regular games of bingo

and going on trips and outings with other centre users.

Seventy-four-year-old Stepney resident **Primla Bhambri** said: "I keep young at heart by dancing, playing darts, exercising and taking part in arts and crafts activities.

"I don't worry about anything, I try to eat healthily, laugh a lot, go out with friends, sing, have massages and relax."

Primla also volunteers at Sonali Gardens LinkAge Plus centre.

Friends **Nurul Gani**, 69, and **Eyor Miah**, 72, said sitting at home is boring.

They regularly visit Toynbee Hall to make new friends, learn new things and have a good old chinwag.

Centre take part in an exercise session



LinkAge Plus offers activities, help and information for over-50s.
For details, visit...
www.linkageplus.co.uk

Main LinkAge Plus hubs in the borough are:

■ Neighbours in Poplar, based at St Matthias community centre, 113 Poplar High Street. The group also runs day centres on the Isle of Dogs and in Poplar. Call 7987 0459, email Nip65@msn.com or visit **www.neighboursinpoplar.com**

■ Age UK East London Appian court resource centre, 87 Parnell Road, Bow. Call 8981 7124, email communityoutreachservices@ageukeastlondon.org.uk or visit **www.ageuk.org/eastlondon**

■ Sundial Centre, 11 Shipton Street, Bethnal Green. Call 7021 4137, email sundial@peabody.org.uk or visit **www.peabody.org.uk**

■ Sonali Gardens, 79 Tarling Street, Shadwell. Call 7265 9292, email linkage@sthildas.org.uk or visit **www.sthildas.org.uk**

■ Toynbee Hall, 28 Commercial Street, Whitechapel. Call 7392 2914, email linkageplus@toynbeehall.org.uk or visit **www.toynbeehall.org.uk**

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at...

WWW.TOWERHAMLETS.GOV.UK

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Monday, October 19

2pm: Licensing sub-committee

Items for consideration include applications for new premises licences for Via Limehouse – De Paul House, 628-634 Commercial Road, E14; Hanbury Hall, 22 Hanbury Street, E1; and Christ Church Spitalfields, Fournier Street, E1; and an application for temporary events notices for The Pickle Factory, 14 The Oval, E2.

Call Simmi Yesmin on 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

Tuesday, October 20

5.30pm: King George’s Fields charity board.

For details call David Knight on 7364 4878 or email [David.knight@towerhamlets.gov.uk](mailto:knight@towerhamlets.gov.uk)

Wednesday, October 21

6pm: Best Value Programme Review Board quarterly meeting

For details call Matthew Mannion on 7364 4651 or email matthew.mannion@towerhamlets.gov.uk

6.30pm: Commissioners’ decision making meeting (re-scheduled from October 28)

For details call Antonella Burgio on 7364 4881 or email antonella.burgio@towerhamlets.gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet.

The Government is changing benefits

Prepare and act now

The Government is changing the benefit system as part of its plan to reduce welfare dependency. If you are a resident of Tower Hamlets, you will be affected. The impact of these changes could be significant. It is important that you prepare now to avoid any disruption to your benefits. Tower Hamlets Council will be providing support to help you prepare for these changes. For more information about the changes visit the government website www.gov.uk or call 0800 506 000, or telephone 0202 555 5555.

Get information on welfare reform

The council’s benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Planning

E1

Flat 75, Exchange Building, 132 Commercial Street – extension of flat 75 to create a seventh floor with roof terrace.

Duke Of Wellington, 12-14 Toynbee Street – renovation of the original 19th century building, maintaining the existing public house at ground and basement. First, second and third floors will be converted into a boutique hotel with 11 rooms.

Old Church Nursery School, Walter Terrace – re-pollard tree back to old pruning points; thin the crown by approximately 20 per cent and reduce back lower branches over the building by 2.5 metres.

E2

29-31 The Oval – replacement of existing wall at ground level of front elevations with full-height glazing.

Virginia Primary School, Virginia Road – remove rubbing branches of tree and branches on sub-roof and boundary fence.

E3

62 Swaton Road – single-storey rear extension and subdivision of 3-bed house to provide 2 flats consisting of 1x4-bed and 1x2-bed flats.

E14

8 Da Gama Place – single-storey rear and side extension.

Drug treatment providers

Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1.

7790 1344
www.lifeline.org.uk

Nafas

Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre

In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14. 7538 9421

Young People’s Service

Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878
www.lifeline.org.uk

Isis

For women aged over 18 c/o Hopetown Hostel, 60 Old Montague Street, E1. 7426 0399
www.compass-uk.org

Community Alcohol Team

Unit 22, Skyline Village Limeharbour, E14. 0800 008 7200
www.rapt.org.uk

Somali Substance Misuse

Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3. 7510 1081

Sustainability award for Meals on Wheels service

BY SAM GOUGH

THE council has won a sustainability prize for its work providing vulnerable people with healthy and organic Meals on Wheels.

Tower Hamlets is the only London borough to cook and deliver fresh meals, 365-days a year. The service was described by judges at the National Association of Care Catering (NACC) Awards as “a model for others to follow”.

Achievements include:

- Work with Barts NHS Health Trust to create a better Meals on Wheels service, to provide people with temporary disabilities access to meals on leaving hospital.
- Utilising fresh ingredients in meals each day and making the most of local and sustainable products.
- Re-writing menus with the support of a community di-



etitian to ensure residents get a full nutritional breakdown of each meal. Working with suppliers to increase the level of organic and Fairtrade produce.

■ Being one of a small number of local authorities to move towards providing a greener delivery system.

Mayor John Biggs said: “The Meals on Wheels service we provide is the last in London and so we fully understand that

we need to make sure that it is financially sustainable.

“The hard work our contract services team do to keep costs down and still provide nutritious and delicious meals should be highly commended.

“The rest of London could learn a thing or two from us.”

The Awards recognise the excellence, dedication and inspirational achievements in catering in the care sector.

Half-term BMX fun in Mile End Park

Book your free session now.

FIND OUT MORE

Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

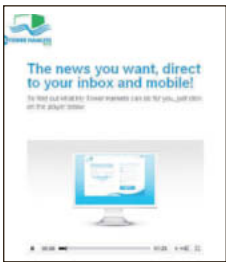


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To find out more visit www.centreofthecell.org or call 020 7882 2562. To book your tickets visit <https://www.centreofthecell.org/events/>





Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Did you get it?

Last week's picture was of the East London Central Synagogue.

SEE BELOW

Council information

Town Hall

Town Hall, Mulberry Place,
5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance –
7364 5007
Employment & skills service
(Skillsmatch) – 7364 3727
Environmental health,
trading standards & licensing
– 7364 5008
Planning & development
– 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes
– 7364 5015
Healthline – 7364 5016
Anti-Fraud – 0800 528 0294

General enquiries

Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice – 7364 3558
Homeless service – 7364 7474
Choice-based lettings
– 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you wish to speak to, call the switchboard on 7364 5000.



Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers:

Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available

0800 279 5434 (office hours)

24-hour domestic violence national helpline

0808 2000 247

Haven Whitechapel (sexual assault referral centre)

7247 4787

Karma Nirvana (Honour Network Helpline)

0800 5999 247

Broken Rainbow (LGBT domestic violence)

0845 260 4460

Black Women's Health & Family Support

8980 3503

Rights of Women

(legal advice)

7251 6577

Victim Support Line

0845 30 30 900

Victim Support Tower Hamlets

8555 8254

NSPCC Child Protection Helpline

0800 800 5000

Childline

0800 1111

Shelterline

0808 800 4444

Respect (for perpetrators)

0845 122 8609

Reunite (advice about child abduction)

0116 2556 234

Men's Advice Helpline

0808 8010 327

Samaritans

08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict

Free service for council tenants and leaseholders. 7702 8305

Trading standards

Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney & Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk



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*Conditions Apply

BGMC
Autumn Bazaar

Saturday 24th
October 2015, 1pm

Bethnal Green Methodist Church
Approach Road, London E2 9JP

Entrance 30p
Great selection of new clothes, cakes, tombola and much more!

When two become one

The Museum of London is an amalgamation of the Guildhall and London Museums.

WWW.MUSEUMOFLONDON.ORG.UK



An exuberant autumn ritual

Inspired by the Mexican Day of the Dead, Crick Crack Club storytellers will dig deep into their repertoires to dance hand-in-hand with the dynamic trio of God, the Devil and Death.

WWW.RICHMIX.ORG.UK

Out & about guide

What's on where this week

Social

3 Bees Café

Healthy vegetarian and fish dish, served for just £3, takeaways available. Tuesdays, 4-8pm. Kingsley Hall Community Centre, Powis Road, E3. 07501 468 193

Bingo

Mons 6.45-9pm. Tredegar Community Centre, 333 Morville Street, E3. 07884 168176

Globe Town bingo club

Pensioners group with bingo and social activities. Thursdays, doors open 12pm. Bingo 2-4pm. Globe Town Community Centre, Bullards Place, E2. 07939 965141

Golden Ladies

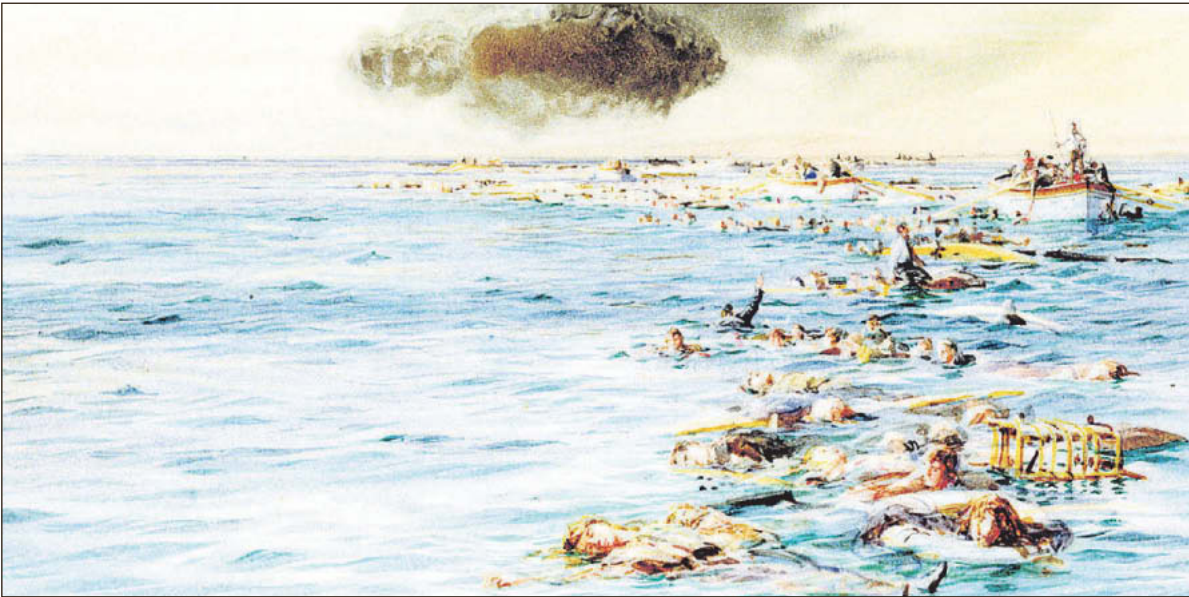
Pensioners group for bingo and social. Weds, 2-4pm. Isle of Dogs Bowls Club, Millwall Park, E14. 7987 6824

Little Spitz' under-5s playgroup

Weds, 10am-12pm, 5op. Tours and stories. Spitalfields City Farm, Buxton Street, E1. 7247 8762

Tower Hamlets U3A

Tower Hamlets University of the Third Age offer courses for over-50s to learn Tai Chi, jazz appreciation, art appreciation, history walking and more. £10 yearly membership. Various days and times. St Margaret's House Settlement, 21 Old Ford Road, E2. 7247 4283



Voyage of the Damned

Revelling in tales of death and destruction, this evening promises candlelit tours and curators under pressure on the gangplank as they reflect on madness, mutiny and murder.

Investigate tales of death, disease and destruction and enjoy a free Nelson's Blood cocktail.

Saturday, Oct 31. 7-9.45pm. £8. National Maritime Museum, Park Row, Greenwich. www.rmg.co.uk

Events

Creepy Creatures

Come and explore the park, and keep your eyes peeled for the creepy creatures that call it home. Make your very own sticky snake and beastly bat to take home. Ages 4+ (younger siblings free). Tues, Oct 27. 10.30am-12.30pm. £4. Tower Hamlets Cemetery Park, Southern Grove, E3. 8983 1277 www.fothcp.org

Spooky stories: Teeny-Tiny & The Witch-Woman

Well-loved tale told by professional storyteller Helen Tozer, followed by

forest craft activities. Ages 4+ (younger siblings free). Thurs, Oct 29. 10.30am-12pm. £4. Tower Hamlets Cemetery Park – see left.

The Crick Crack Club presents The Day Of The Dead

Inspired by the Mexican Day of the Dead, performance storytelling with Clare Muireann Murphy, Xanthe Gresham and TUUP. Thurs, Oct 29. 8pm. £8, £6 in adv. Rich Mix, 35-47 Bethnal Green Road, E1. www.richmix.org.uk

Haunted Museum Halloween Party

Take part in Frankenstein's toy lab and weird science session. Dance

along to the Dead Disco and do a workout with Miss Funnybones. Make a Toothy necklace and create your own Dia de Meurtos mask. Sat, Oct 31. 11am to 3.30pm. £15. V&A Museum of Childhood, Cambridge Heath Road, E2. www.vam.ac.uk

World War II Sing-a-Long

Explore the stories behind some of the most famous songs of the Second World War. Mon, Oct 26 & Thurs, Oct 29. 12noon-12.30pm, 2-2.30pm & 3-3.30pm. Free. Museum of London Docklands, West India Dock Rd, E14. www.museumoflondon.org.uk

Ice rink at Canary Wharf

Glide on London's only skate path. Sat, Oct 31-Sat, Feb 27, 2016. £14.95. Canada Square Park, Canary Wharf. www.icerinktickets.co.uk

Music

Gospel Sundays

A gospel music series in Shoreditch that features an amateur choir that anyone's free to join. Until Sun, Oct 25. Free. The Blues Kitchen, Curtain Road, EC2A. www.theblueskitchen.com

Walk

The Real East End: a walking tour

Among the dappled shade of the woodland are once key-characters in the fabric of the East End. Join members of the Cemetery Club to learn all about our buried residents, including some notable and notorious characters. Sat, Oct 31. 1-3pm. £8/£5 concession (under-16s free). Tower Hamlets Cemetery Park – see Events, left.

Workshop

Knife carving

Two-hour session, covering a variety of safe knife grips and traditional techniques in the ancient skill of knife carving. Led by Tom, from the Green Wood Guild, by the end you will have carved your own spatula to take home and use. Over-16s. Sat, Nov 7. 1pm-3pm. £35. Tower Hamlets Cemetery Park – see Events, left.

Citizenship workshop



A good opportunity for Tower Hamlets residents

Venue: Betar Bangla Office, 4-8 Sutton Street, London E1 0BB
Date: 24th October & 12th December 2015
Time: Saturday 11am – 4pm

You will learn:
Responsibilities, Duties & Rights as a British Citizen

Book your place soon by calling 0207 790 7970
Places will be given on a first come first served basis



The art of reading goes on display

Willem Weismann's exhibition Alphabet Soup includes new work that builds on Library Guide, a previous composition which captured the sensation of being enraptured in novel.

WWW.BOWARTS.ORG/NUNNERY

All that Jazz...

The EFG London Jazz Festival was created in 1992 by live, international music producers, Serious.

WWW.EFGLONDONJAZZFESTIVAL.ORG.UK

Out & About



THE EFG London Jazz Festival is a ten-day celebration of the genre, delivering a mix of world-class artists and emerging stars. Produced by Serious, the festival, which runs throughout November, has a reputation for showcasing the freshest music, with a wide-ranging programme of concerts, commissions, club events, talks, and an expansive learning programme. Artists already announced include Andy Sheppard, Arild Andersen, Average White Band & Kokomo, Ice-T, James Farm and Melody Gardot (right). Trumpeter Christian Scott (left) will be performing at Rich Mix on Monday, November 16. Other acts performing at the Bethnal Green Road venue include Sons of Kemet, saxophonist Basel Rajoub and the National Youth Jazz Orchestra. For a full diary of events visit www.efglondonjazzfestival.org.uk



News in brief

Park after dark

VISIT Victoria Park for a terrifying night-time tour.

As part of Halloween, visitors can join park staff for a horrific history stroll, meeting ghosts and ghouls along the way.

Places must be booked in advance. The tour, which takes place on Friday, October 30, starts at 5pm. Suitable for 7- to 11-year-olds, children must be accompanied by adults.

To book, email parks@towerhamlets.gov.uk or call 7364 1213.

Winning display

AN EXHIBITION of work by the winner of the East London Painting Prize 2015 has opened at the Nunnery Gallery.

Willem Weismann's exhibition Alphabet Soup runs until December 20.

Visit www.bowarts.org

Halloween banquet

THE Space will host a special Halloween event as part of a fundraising campaign to replace the passenger lift at the grade II listed building, to ensure the theatre stays accessible to all.

Former Dr Who and East-Enders star Louise Jameson features in a star-studded line-up of actors who will read ghost stories at a Banquet by Candlelight on Friday, October 23 at 7pm at The Space.

Tickets for Ghost Stories: A Banquet By Candlelight are £25 and a three-course meal provided by Hubhub Café/Bar is included in the price.

Book tickets or make a donation at www.space.org.uk or call 7515 7799.

Drama for kids

THE Cornucopia Theatre Company is running free drama workshops for 8- to 12-year-olds.

The sessions will take place at Eastside Youth and Community Centre, in Parnell Road, Bow, every Tuesday until the end of December. The workshops run from 4-6pm.

To book a place, call 07459 871342 or email cornucopia@theatre@gmail.com

Historic East End caught on camera

AN EXHIBITION celebrating the photography of William Whiffin is running until Thursday, November 19.

Whiffin's images are among the finest photographic documentation of London's East End. His street photography captured daily life in the early- to mid-20th century.

One of the earliest photographs on display depicts an airship looming over Cotton Street during the First World War. Also on show is the Chinese community of Limehouse, dock workers on strike, thronging local markets and people at leisure in Poplar Baths, as well as shops, pubs and bombsites.

On Thursday, October 29, photo historian Mike Seaborne will give a talk on the work of Whiffin and his contemporaries who worked in the East End between 1900 and 1939.

On Thursday, November 5, photographer Chris Dorley Brown will be revisiting Whiffin's East End and using his own contemporary photographic approach to capture and create a new archive.

The exhibition is at the Local History Library & Archives in Bancroft Road, E3. Visit www.ideastore.co.uk

From corruption and greed, to love and loss

BY SAM GOUGH

MUSIC, colour, dance and drama are coming to stages across Tower Hamlets this November as A Season of Bangla Drama returns for its 13th year.

This year's energetic festival will see more than 25 events taking place to captivate audiences across the borough. It brings together British and Bangladeshi writers, actors, directors and producers – all of whom have faced a tough selection process to whittle down the huge numbers of applications to the final programme.

Some tales are hard hitting and tragic, while others are light-hearted and comic. All have a deeper moral message to convey and touch on issues ranging from corruption and greed to love and loss.

Events taking place this year include:

■ **The Altab Ali Story** – this powerful performance tells the heart-breaking story of the death of Altab Ali in 1978.

■ **Missing Girls** – explores the consequences of being born as, or giving birth to, a girl. The production will tell true stories of women from around the world, and will be expressed through a variety of theatre and contemporary South Asian dance.

■ **A trilogy of works by Rabindranath Tagore.** Three

gripping and eerie paranormal stories, including truths told from beyond the grave by a skeleton to a medical student; a man who is the victim of his wife's obsession with jewellery; and a confrontation between rationalism and theosophy.

■ **Indara (The Water Well)** – a tense drama set in 1947, during the time of great religious and geopolitical conflict. A

man in a village, split into two highly segregated Hindu and Muslim communities, is pressured

to reveal the religion of his newborn baby. When an infant with no obvious identity is discovered hidden in the water well outside the village, tensions mount.

■ **Tringsha Shatabee (The Thirtieth Century)**. Seventy years after the Second World War, this production highlights the atom-bomb tragedy of Hiroshima and Nagasaki and the terrible impact of subsequent conflicts to examine the ongoing ethical questions around war. It is presented by acclaimed Theatre Company Swapnadal who are coming from Bangladesh to make their UK debut.

The main programme will be supplemented by a fringe schedule of talks, walks and exhibitions. You can see all the events at www.towerhamlets.gov.uk/arts

Mayor John Biggs said: "A Season of Bangla Drama is a testament to the skills of the writers, actors and directors, many of whom are local, as well as a reminder of the power of theatre to engage, inform and move audiences. There are old and new tales, told in both innovative and traditional ways, which reach out to everyone."

A Season of Bangla Drama is supported by the council, Arts Council England, Queen Mary, University of London and Canary Wharf Group.



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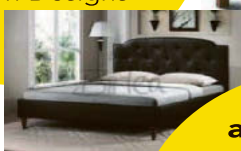
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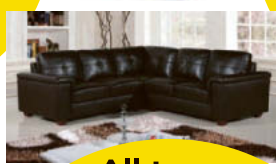
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Tuesday 9:30am - 6pm
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Thursday 9:30am - 7pm
Friday 9:30am - 6pm
Saturday 9:30am - 6pm
Sunday Closed



* Opening offer ends on November 30th 2015. Offer is limited to instore sales only. One time use only.



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Email: info@fourcornersfilm.co.uk Phone: 020 8981 6111

Four Corners | 121 Roman Road | London E2 0QN



Jobs and training on the menu

Kitchen 32 is run by Flavour Gateway, a social enterprise set up by local charity City Gateway, which provides free training and employment opportunities for excluded local residents.

WWW.FLAVOURGATEWAY.COM

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Restaurant reviews are a popular feature of East End Life. If you would like to advertise on this page,

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Eating out, eating in

New café culture that comes with a crimper

BY GORDON BLUE

HAVING been a little too much in celebratory mode the night before, catching up with old friends over a martini or three, I went in search of a grounding fillip to dismiss my hungoverness.

And lo, I came across Barber & Parlour. What used to be a mish-mash of clothes store and cinema has now become a ship-shape arm of Soho House, incorporating a stunning café, old-fashioned barbers and luxurious basement cinema, replete with cashmere blankets and leather sofas.

This is somewhere I could happily settle in and forget about the world outside.

We started with gorgeous coffees and cold-pressed juice to clear my gin-infused head.

Our starters of green and freekah salads were pretty special, with due care and attention given to the dressing and a plethora of herbs used to entertain and soothe the tastebuds, alongside plentiful ingredients



Barber & Parlour is an unusual mix of haircuts and dining

such as pomegranate, roast squash and Kalamata olives.

Thankfully our mains were fairly speedy in delivery.

My parmigiana melanzane was a delightful, beautifully cooked aubergine-based dish, nestled in an unctuous garlic-tomato sauce, with basil and a gamut of cheeses such as feta and mozzarella, alongside the eponymous Parmesan. Oh my.

My friend's vegetable lasagne was welcome too. The pillowy bechamel sauce was classical cooking at its best; subtly spiked with clove, onion and bay.

The interiors are an interesting mix of eclectic furniture, with the barbers creating a stimulating view from the café. The parlour also offers manicures and the like.

With Shoreditch House, Piz-

za East, Dirty Burger and this new joint all so close together, I'm slightly scared of Soho House domination, but when you have a formula this good, it's hard to say no.

Two ate two courses, alongside soothing tonics, for just over £40 including water and service.

■ **Barber & Parlour is at 64-66 Redchurch Street, E2. Tel: 3376 1777**

Chilli kick to set the pulses racing

THIS recipe is supplied by Flavour Gateway, a social enterprise that offers training and employment opportunities to local residents.

It has a café called Kitchen 32 at 32 Mastmaker Road on the Isle of Dogs.

Situated just a stone's throw from Canary Wharf, the café serves fresh Union coffee, hot breakfast and lunches, salads, sandwiches and snacks daily from 8am-2pm.

For more information go to the Facebook page – www.facebook.com/VisitK32

Warming red lentil, chilli and sweet potato soup – serves 4-6

Ingredients

1 large onion
Handful of coriander – stalk and leaves chopped, leave some for garnish
Thumb-sized piece of ginger
1 large red chilli
Juice of 1 lime
2 tbsp butter

1 tsp garlic puree
1/2 tsp curry powder
150g red lentils
500g sweet potatoes, peeled and grated
1.75 litres of vegetable stock
250ml whole milk
Salt and pepper to taste

Method

1. Put the onion, coriander, ginger, red chilli and lime juice in a blender and blitz to a paste.
2. Melt butter in a pan and cook garlic puree until slightly brown.
3. Add the curry powder and paste and cook for five minutes on a medium heat.
4. Pour in the vegetable stock and bring to a boil.
5. Add the red lentils and

- sweet potato to the pan.
6. Simmer for 30 minutes or until sweet potato and lentil are tender.
7. Use a stick blender and whizz until smooth.
8. Add the milk and salt and pepper, then continue to simmer for ten minutes.
9. Serve in bowls and garnish with coriander leaves.

Calling all restaurants, cafés and gastro pubs!

There are only 11 editions of East End Life until Christmas!!!

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(Bukhari)*

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OPEN Mornings:

Tuesday 20th October 2015
8:30am-9:30am, 10:30am-11:30am

Wednesday 21st October 2015
8:30am-9:30am, 10:30am-11:30am

Thursday 22nd October 2015
8:30am-9:30am, 10:30am-11:30am

OPEN Evening:

Wednesday 21st October 2015
4:30pm-6:30pm

Contact Details:
46 Whitechapel Road, London E1 1JX,
United Kingdom
Telephone: 020 7650 3070



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Homeseekers

Homes available for letting are no longer published in East End Life. Should you wish to view these please visit

 www.thhs.org.uk

The website provides full information for each property, real time bid positions based on your housing priority and your bidding history showing final bid positions for homes you have placed bids for. Using your bid position as a guide, you could also withdraw a bid and place it for an alternative home if this improves your chances of an offer.

Should you have any queries or require help with the bidding process please contact your Lettings team for help.

The council's Housing Options (Lettings team) number is 020 7364 2826.



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Career Opportunities

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....



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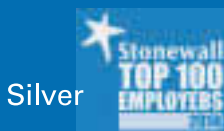
£18,800 - £20,634
(pro rata) per annum

Communities, Localities and Culture Directorate
Ref: CLC00721 | 6 hours per week, every Tuesday | Fixed term until 31 March 2016
Closing date: 25.10.15

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.



To reserve your space in East End Life, please call us to book by midday on the Tuesday prior to the Sunday publication date.



Providing Personalised Care and Support in Tower Hamlets

Extra Care Workers

Ref: 11915EEL

Various part-time roles across Tower Hamlets, £9.15 per hour plus accrued holiday credit

We are seeking warm, caring and positive people to provide person-centred care and support to older people living in Extra Care housing in Tower Hamlets. You will be committed to promoting positive health and emotional wellbeing and an excellent quality of life. The ability to work in a holistic way to promote independence through a reablement approach is essential.

You will support people to enjoy stimulating activities and to make community connections as well as providing respectful personal care and practical support with household tasks and tenancy management. You must be flexible, energetic and reliable.

A variety of flexible hours and working patterns can be considered at our services in Hoxton, Mile End, Poplar, Shadwell, Limehouse and Stepney Green.

We are a local provider employing a diverse team of over 100 well supported staff to provide great services. We offer comprehensive training including induction to Care Certificate level and accredited Health & Social Care Diplomas to enable you to develop your career in social care.

We are holding a **RECRUITMENT OPEN DAY** at Sonali Gardens, 18 Sutton Street, E1 OAG on Tuesday 20 October from 11-2pm. Phone Kitty on **07580 958 005** or Frances on **07805 749 930** if you have any queries or need directions. We would love to meet you and to tell you more about our great services.

Closing Date: 1st November 2015 To Apply: Ring 0161 237 1014, email recruitment@creativesupport.co.uk or visit www.creativesupport.co.uk/jobs

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Did you know...

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eastendlife



Tower Hamlets Community Housing (THCH) is a medium sized housing association with an excellent track record of refurbishing estates and improving services operating exclusively in Tower Hamlets. Formed in 2000, we currently manage over 3,100 homes of which 1100 are leasehold.

We are working towards our mission to be the best community landlord in Tower Hamlets; and our vision to work with residents to deliver well managed local housing and community services through a flourishing financially strong organisation. We want to continue to deliver high quality services to all our residents and to raise our standards further.

We believe in the highest standards of corporate governance and are looking for voluntary Committee Members for our Operations Committee, Audit & Risk Committee and our THCH New Homes Board to join a dynamic, high performing housing organisation.

Committee Members

We are particularly seeking candidates with proven skills in directing strategy and contributing to decision making. You are likely to have high quality experience in housing management, finance or property development. Applications from women and BME candidates will be welcomed as they are under represented on the Board.

Our Committees and THCH New Homes Board meet four times a year on a Thursday evening.

Independent Board Members

We believe in the highest standards of corporate governance and are looking for voluntary Board Members to join a dynamic, high performing housing organisation.

We are particularly seeking candidates with proven skills in directing strategy and contributing to decision making. You are likely to have high quality experience in housing management, finance or property development. Applications from women and BME candidates will be welcomed as they are under represented on the Board.

Our Board meets five times a year on a Thursday evening and in addition the successful candidates will be expected to serve on at least one of our committees.

The closing date for applications will be **12 noon on Friday 6th November 2015.**

If you would like to find out more about the Board and Committee vacancy please visit our website www.thch.org.uk/Vacancies/BoardVacancies where you can download an application pack, alternatively please email: thch@thch.org.uk or call **020 7780 3070.**

Governance & Assurance Manager

£43,620 - £46,359 per annum | 35 hours per week | Permanent

We are looking for someone with experience in a similar role to provide a broad Business Governance Assurance function, leading and managing THCH's Company Secretarial and Governance services ensuring that the Board and its Committees have a strong understanding of their regulatory responsibilities and are supported in taking business decisions.

You will be providing advice and support on compliance with the HCA's Regulatory Framework and coordinating benchmarking and performance reporting.

The ideal candidate will be qualified with ICSA or equivalent, have up-to-date knowledge of the issues facing the social housing sector and governance including the NHF Code of Governance.

You will have the ability to communicate and work well with people at all levels, with the confidence and ability to influence and negotiate with them using a diplomatic approach. You will have excellent attention to detail and be well-organised in your approach to work as you will be processing, analysing and drawing critical conclusions from large amounts of data.

You will also have experience of dealing with the HCA, managing and operating a strategic risk management framework as well as experience of managing legal services contracts.

The closing date for applications will be **12 noon on Friday 30th October 2015.**

Part Time Admin Officer

c.£12,672 - £16,727 per annum | 21 hours per week | Permanent

THCH requires a part time Admin Officer to work at our Head office 3 days a week, currently Monday - Wednesday. This role involves working in a pressurised front line office, delivering high quality customer-focussed service. You will be required to provide a full range of administrative support to Senior Managers, be first point of call for our customers and will provide advice and assistance on all general matters.

The ideal candidate will be well organised, able to work on own initiative and be a good team player. This role involves excellent IT skills, communication and customer service skills and an ability to deliver admin to the whole Organisation.

The closing date for applications will be **5pm on Friday 23rd October 2015.**

If you would like to find out more please visit our website www.thch.org.uk/Vacancies where you can find details of how to apply online or download a pack, alternatively please email: thch@thch.org.uk or call **020 7780 3070.**

WE ARE RECRUITING!



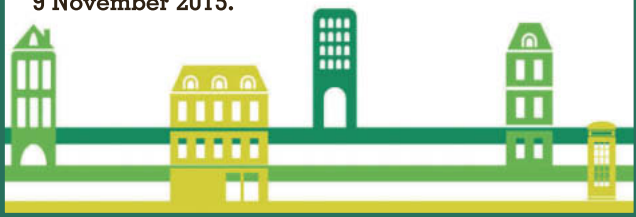
**Are you interested in working with older people?
Have you had experience of working in care?
Are you looking to get back into work after a break or for flexible working patterns?**

We are looking for relief care assistants, full or part-time catering and domestic assistants and cooks to work in our two care homes in Stepney Green. We offer flexible working hours and we also pay a good hourly wage of £9.15 (£10.10 for cooks).

Take this fantastic opportunity to be part of a new team committed to driving up standards of care and customer satisfaction!

To download an application pack please visit www.gatewayhousing.org.uk or email recruitment@gatewayhousing.org.uk

The closing date for completed applications is 9 November 2015.



Vacancies at London Enterprise Academy

We are looking for a range of support staff to add to our experienced and well qualified staff team:

■ PA to Principal & Office Manager

Start 30 November 2015 (or earlier)
Salary range £18,500 - £23,500 per annum | Full Time

■ Teaching Assistant (SEND)

£17,500 - £23,500 pro-rata based on experience and qualifications

■ Clerk to Governors

£25 per hour (about 10 meetings per year 6pm onwards)

■ Breakfast Club and Lunchtime Assistant

Start 16 November 2015 or earlier | Part Time 10 hours per week

Closing date for applications is Friday 30 October 2015

Interviews will be held on week beginning 2 November 2015

For more information about the academy and a recruitment pack and application form, please visit www.londonenterpriseacademy.org or 020 7426 0746

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Public and Legal notices inform the public of planning act notices from roads to buildings as well as licensing act notices, notices to creditors, insolvency acts, missing beneficiaries etc.

To place your advert in East End Life

please call...

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Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – GOODMAN'S STILE E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Goodman's Stile for a distance of approximately 45 metres, south-west, from its junction with Commercial Road;

Reason: To allow essential crane works to be carried out on the public highway by Commhoist Limited;

Alternative Route: For vehicular traffic will be via Leman Street, Prescott Street, Mansell Street, Whitechapel High Street and Commercial Road;

Period: On Sunday 25th October 2015 from 10:00 hours until 18:00 hours.

Refer any queries regarding the above traffic restrictions to Dave Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email david.pryce@towerhamlets.gov.uk

Dated: 19th October 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CANNON STREET ROAD E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Cannon Street Road between its junction with Commercial Road and its junction with Sly Street;

Reason: To allow essential crane works to be carried out on the public highway by King Lifting Limited;

Alternative Route: For vehicular traffic will be via Cannon Street Road, Sly Street, Rampart Street and Commercial Road and vice versa;

Period: On Saturday 24th October 2015 from 08:00 hours until 18:00 hours.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 19th October 2015

SIMON BAXTER
INTERIM SERVICE HEAD
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LONDON BOROUGH OF TOWER HAMLETS

THE TOWER HAMLETS (PRESCRIBED ROUTE) (NO.3) TRAFFIC ORDER 2015

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets proposes to make the above mentioned Order under section 6 of the Road Traffic Regulation Act 1984, as amended by the Local Government Act 1985 and the Road Traffic Act 1991.

2. The general effect of The Tower Hamlets (Prescribed Route) (No.3) Traffic Order 2015, will be to prohibit vehicular traffic proceeding from a point 19 metres south-west of the western kerb line of John Smith Street to a point 22 metres south-west of the western kerb line of John Smith Street.

3. A copy of the proposed Order can be inspected by appointment at the offices of Communities, Localities and Culture, Transport and Highways Section, Anchorage House, c/o Mulberry Place PO Box 55739 London E14 2BG, during normal office hours on Monday to Fridays inclusive until the expiration of a period of 21 days from the date on which this notice is published.

4. Any person desiring to comment on the proposed Order should send a statement in writing of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 19th October 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (ENGLAND) ORDER 2015

NOTICE UNDER ARTICLE 15(3) OF APPLICATION FOR PLANNING PERMISSION

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATION:

ADDRESS:

Basement Floor, 66 Prescott Street, London, E1 8HG PA/15/02298

I hereby give notice that TTSP on behalf of A&A Prescott Ltd are applying for Planning Permission for the following:

Change of use from B1 office to flexible B1 or D2 (leisure) use.

The proposed development does not accord with the provisions of the Tower Hamlets Local Plan.

Copies of the application and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, 5 Clove Crescent, London, E14 2BG.

The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to this application should do so in writing, within a period of 14 days from the date of publication of this notice to the Head of Planning at the above address.

Dated: 19th October 2015

OWEN WHALLEY
HEAD OF PLANNING AND BUILDING CONTROL



LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (ENGLAND) ORDER 2015

NOTICE UNDER ARTICLE 15(3) OF APPLICATION FOR PLANNING PERMISSION

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATION:

ADDRESS:

Eighth Floor, Aldgate Tower, Whitechapel
High Street, London

PA/15/01885/KHA

I hereby give notice that JLL on behalf of Intellectual Property Office are applying for Planning Permission for the following:

Change of use of the eighth floor from Class B1(a) (Offices) to Sui Generis (A mix of Class B1(a) offices and Sui Generis Courtrooms). There are no external alterations associated with this proposal.

The proposed development does not accord with the provisions of the Tower Hamlets Local Plan.

Copies of the application and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, 5 Clove Crescent, London, E14 2BG.

The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to this application should do so in writing, within a period of 14 days from the date of publication of this notice to the Head of Planning at the above address.

Dated: 19th October 2015

OWEN WHALLEY

HEAD OF PLANNING AND BUILDING CONTROL



LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Site At 1 To 18 Dollar Bay Court 4 Lawn House
Close, London

PA/15/2525/KFL

Application for minor material amendment under s73 of the Town and Country Planning Act by varying of Condition 1 (approved plans) of planning permission dated 15/06/2015, Ref PA/14/03261.

Amendments sought:

- Reconfiguration of mezzanine level and reduction in size of resident's gym and lounge to provide 2 x 1 bedroom flats (located to the east of the building)
- External alterations to the north and south elevations to provide two new glazed windows for the proposed residential units
- Minor reduction in height of ancillary building (car lift and refuse store)

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 19th October 2015

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – REARDON PATH E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Reardon Path for a distance of approximately 40 metres between its junction with Wapping High Street and its junction with Green Bank;

Reason: To allow essential works to be carried out on the public highway by Prime Construction;

Alternative Route: For vehicular traffic will be via Wapping High Street, Scandrett Street and Green Bank and vice versa or Wapping High Street, Wapping Lane and Green Bank and vice versa;

Period: From Monday 26th October 2015 to Monday 2nd May 2016.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator,

Clean, Green and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 19th October 2015

**SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – MARSH WALL E14

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Marsh Wall for a distance of approximately 160 metres, east, from its junction with Millharbour;

Reason: To allow essential resurfacing works to be carried out on the public highway by LBTH;

Alternative Route: For vehicular traffic will be via Heron Quay Longabout, Westferry Road (south-bound), East Ferry Road (north-bound), Limeharbour and Marsh Wall and vice versa;

Period: From Friday 13th October 2015 at 20:00 hours until Tuesday 17th November 2015 at 08:00 hours.

Please refer any queries regarding the above traffic restriction to Nasser Zanitchkhah, Street Scene Engineer, Engineering Design on 020 7364 6812 or email, nasser.zanitchkhah@towerhamlets.gov.uk

Dated: 19th October 2015

**SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CYGNET STREET & BACON STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location:

- a) Cygnet Street approximately 30 metres, south, from its junction with Bacon Street;
- b) Bacon Street approximately 20 metres, east, from its junction with Cygnet Street.

Reason: To allow essential works to be carried out on the public highway by Modebest Builders Limited;

Alternative Route: For vehicular traffic will be via Sclater Street and Brick Lane or Bacon Street, Brick Lane, Bethnal Green Road and Sclater Street;

Period: From Monday 26th October 2015 to Tuesday 25th October 2016.

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 19th October 2015

**SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT**

LONDON E14 2BG

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – SPINDRIFT AVENUE E14

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets proposes to make an Order which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Spindrif Avenue from a point approximately 20 metres, to a point approximately 80 metres, west, from its junction with Thermopylae Gate;

Reason: To allow essential works to be carried out on the public highway by Road Traffic Solution;

Alternative Route: For vehicular traffic will be via East Ferry Road, Westferry Road and Spindrif Avenue and vice versa or Thermopylae Gate, Chapel House Street, Westferry Road (north-westbound) and Spindrif Avenue;

Period: On Saturday 14th November 2015 and Sunday 15th November 2015.

Refer any queries regarding the above traffic restrictions to John

Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6680 or email john.parsons@towerhamlets.gov.uk

Dated: 19th October 2015

**SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

LONDON BOROUGH OF TOWER HAMLETS

LICENCES FOR SPECIAL TREATMENT

NOTICE IS GIVEN THAT J & J Beauty Ltd. has applied to the London Borough of Tower Hamlets for: Facials, manicure, pedicure, electrical treatments.

License(s) for the Premises: J & J Hair and Beauty, 1 Hannaford Walk, London, E3 3TF

Anyone wishing to oppose the application must give notice in writing to: David Tolley, Head of Consumer and Business Regulations Service, 6th Floor, Mulberry Place, 5 Clove Crescent, London, E14 2BG. WITHIN THREE WEEKS, specifying the grounds of opposition.

Persons objecting to the grant of a licence must be prepared to attend in person at a hearing before a Committee of the Council.

LONDON BOROUGH OF TOWER HAMLETS**PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73**

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Flat 13, Pelican Wharf, 58 Wapping Wall, London, E1W **3SLPA/15/2864/DHA**

South elevation - Replace existing french doors with sliding doors

502 Commercial Road, London, E1 0HY **PA/15/2710/ZAP**

New advertising surrounds to an ATM

Ivory House, East Smithfield, London **PA/15/2796/DHA**

Two temporary adhesive displays to inner face of glass.

Flat 405, Mission Building, 747 Commercial Road, London, E14 7LE **PA/15/2286/BMC**

Extension of conservatory room for study.

Former News International Site, 1 Virginia Street, London, E98 1XY **PA/15/2620/ADW**

Temporary use of ground/first floor unit of Building B in the London Dock scheme as a marketing suite for a period of up to 10 years, including associated internal and external works, including the installation of a balcony on the south elevation at first floor level.

Flat 43, Arcadia Court, 45 Old Castle Street, London, E1 7NY **PA/15/2771/HHA**

Internal alterations and extension at roof terrace level.

11-15 Douro Street, London **PA/15/2723/CHG**

Application for variation of condition 2 (approved plans) of planning permission dated 28/03/2014, Ref: PA/13/02751.

158 Bethnal Green Road, London, E2 6DG **PA/15/2572/SEA**

Formation of rooms under the attic with front mansard and rear dormer roof.

Flat 10, 23 Wheler Street, London, E1 6NR **PA/15/2388/DHA**

Construction of a new roof extension and roof terrace at fourth floor level to provide additional living accommodation to the existing dwelling.

Application for variation of condition no. 2 (Approved Plans) of planning permission dated 18/08/2015, ref; PA/15/01758.

Variation to extend the fourth floor extension by bringing forward the front wall whilst keeping it set back from the building elevation facing Wheler Street

Duke Of Wellington, 12-14 Toynbee Street, London, E1 7NE **PA/15/2489/LYM**

Renovation of the original 19c pub building maintaining the existing Public house at ground and basement. First, second and third floors will be converted to a boutique hotel with 11 rooms.

Bus Stop Opposite Coburn Road, Mile End Road, E3 2DA **PA/15/2634/CSK**

Double-sided freestanding advertising display integral to the bus shelter, 1 x digital screen on one side and a static poster advertisement panel on the reverse.

Site At 1 To 18 Dollar Bay Court 4 Lawn House Close, London **PA/15/2525/KFL**

Application for minor material amendment under s73 of the Town and Country Planning Act by varying of Condition 1 (approved plans) of planning permission dated 15/06/2015, Ref PA/14/03261.

Amendments sought:

- Reconfiguration of mezzanine level and reduction in size of resident's gym and lounge to provide 2 x 1 bedroom flats (located to the east of the building)
- External alterations to the north and south elevations to provide two new glazed windows for the proposed residential units
- Minor reduction in height of ancillary building (car lift and refuse store)

74 Whitechapel High Street, London, E1 7QX **PA/15/2735/HHA**

Application for advertisement consent for the display of one temporary advertising panel on a scaffold shroud fronting Osborn Street for a temporary period of twelve months.

421 Roman Road, London, E3 5QS **PA/15/2523/ZAP**

New advertising signage with company name and telephone number and the installation of a clock for new A2 office.

Unit 2, Anchor Retail Park, Mile End Road, London, E1 4UJ **PA/15/2719/ZAP**

This application seeks advertisement consent for 8no. external signs to be displayed at Asda, Mile End in order to facilitate the occupation of this premises as a retail food store.

Unit 2, Anchor Retail Park, Mile End Road, London, E1 4UJ **PA/15/2720/ZAP**

Shopfront alterations including an increase in size of the doors at the rear and new sliding doors to the front of the property; 23No. new anti-raid bollards to front; 2no. bollards to rear and 3No. Trolley Bays.

Bus Stop O/S 15 Bow Road, E3 2AD **PA/15/2645/HAM**

Double-sided freestanding Forum Structure, featuring 1 x Digital 84" screen on one side and a static poster advertisement panel on the reverse. The Digital screen is capable of displaying illuminated, static and dynamic content, supplied via secure remote connection.

2 Harbinger Road, London, E14 3AA **PA/15/2759/BMC**

Reactivating a time lapsed planning for change of use from A1 to D1 (Medical use) to allow a Dental Surgery set up.

29-31 The Oval, London, E2 9DT **PA/15/2364/PLA**

Replacement of existing wall sections at ground level of front elevations with full height glazing.

1-15 Albert Gardens, London, E1 **PA/15/2682/ZAP**

Internal refurbishment of basements at no 1-15 Albert gardens.

Bus Shelter, IFO No. 169 Mile End Road, London, E1 **PA/15/2631/HAM**

Double-sided freestanding advertising display, 1 x digital screen on one side and a static poster advertisement panel on the reverse.

Bus Stop O/S Wapping High School, The Highway, E1 0BH **PA/15/2644/HAM**

Double-sided freestanding Forum Structure, featuring 1 x Digital 84" screen on one side and a static poster advertisement panel on the reverse. The Digital screen is capable of displaying illuminated, static and dynamic content, supplied via secure remote connection.

Bus Stop O/S 405 Mile End Road, E3 4PB **PA/15/2632/HAM**

Double-sided freestanding Forum Structure, featuring 1 x Digital 84" screen on one side and a static poster advertisement panel on the reverse. The Digital screen is capable of displaying illuminated, static and dynamic content, supplied via secure remote connection.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

39 Mossford Street, London, E3 4TH **PA/15/2694/CSK**

Basement extension and conversion.

45 Bromley Street, London, E1 0NB **PA/15/2729 & 2730/HAM**

Erection of single storey rear extension and internal alterations.

31 Salmon Lane, London, E14 7NA **PA/15/2685/ZAP**

The proposed works include a three storey extension to the rear of the existing single family dwelling and the installation of metal railings to the front of the property where it meets the pavement.

2 Lichfield Road, London, E3 5AT **PA/15/1961/HDH**

Erection of a PVCU conservatory at rear of private dwelling.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 19th October 2015

OWEN WHALLEY

Head of Planning and Building Control



The winning habit

Sporting Bengal maintained their good form with their fourth win in a row and fourth successive clean sheet.



Faisal meets a legend

Soccer legend John Barnes, pictured with Faisal Ahmed, was the guest of honour at the Salvation Army five-a-side soccer tournament, which was won by Booth House, Whitechapel.

SEE BELOW

Sport



Luca with his instructor, Basil Dawkins

Judo

Gold for Luca

YOUNG karate ace **Luca Veras** turned his attentions to the judo mat – and came out on top again.

Since gaining his red belt, Luca has won three successive competitions, the latest at the Southern Area Red Belt Rumble, in Crawley, West Sussex.

Luca, eight, from Bethnal Green is a member of the Veras Karate Academy at Poplar, and has been practising judo since the age of four.

With his brothers Luan and Liam, he travels to the Moberly Judo Club in Westminster three times a week and his hard work has paid dividends.

Boxing

Horn title blow

REPTON Boxing Club's talented flyweight **Harvey Horn** saw his world title dream crash in Doha on October 7.

Horn started well in the 49kg category when he defeated India's Devendro Laishram, albeit on a majority decision on day two of the event.

But come day two and it was all over for Horn, as he was edged out in a hard-fought contest against Russia's Vasilii Egorov.

With the Russian launching swarming attacks and hooks, Horn allowed Egorov in too close on occasions.

Nonetheless it was a good performance from the 20-year-old Horn who will learn from the experience and will now join his club on a trip to Florida at the end of the month.

Captain Collin is 19-goal hero

Soccer round-up

RESIDENTS of Booth House in Whitechapel were celebrating when they won the annual Salvation Army's five-a-side football tournament in Manchester.

The Salvation Army Lifehouse sent three teams to the tournament, contested by 24 teams from all over the country.

Former Liverpool and England winger John Barnes was compere for the day, and put on a dribbling skills masterclass.

All three Whitechapel teams made it through to the quarter-finals, but two of them had to play each other.

The winner of that game met their match in the semi-finals, but the surviving Whitechapel team, consisting of Nasser Jamaoui, Jamal Paxton, Collin Cherubin, Karim Jamaoui, Alex Sabolotny, Matthew Buchanan and Darius Pan-tea thrashed Centenary House from Belfast 5-2.

Star of the winning team was captain Collin Cherubin, who scored an amazing 19 goals, closely followed by teammate Jamal Paxton with 17 goals overall. In all, the winning Booth House team scored no less than 51 times.

Organiser Faisal Ahmad said that this year's victory was all the sweeter as a Whitechapel team won the first trophy four years ago and had finished runners-up in the subsequent two years.



The Salvation Army's successful five-a-side soccer squad pictured with John Barnes

of-the-table LOASS and, after John Gilroy had missed a penalty, the resulting corner ended with Jamie Lottrie scoring from a spectacular overhead kick.

But Hamlets let it slip ten minutes later when the defence left the LOASS winger unmarked and he beat the advancing keeper.

A late goal seemed to have won it for Hamlets, but was ruled out for offside.

Ten-man Tower toppled

**Tower Hamlets 1
Southend Manor 2**

TWO goals in two minutes by Southend Manor heaped more misery on Tower Hamlets at Mile End Stadium.

The home side went in front through Ikenwe after 17 minutes and they looked well worth their slender lead.

But they paid the price for squandering several chances to put the game out of reach when Rhys Fatt pulled Manor level after 65 minutes and then hit the winner soon after.

Thing went from bad to worse when Tower lost Springer to a head injury and, having used all their substitutes, were forced to play out the rest of the match with ten men.

Sporting run continues

**Waltham Forest 0
Sporting Bengal 1**

SPORTING Bengal sent a warning to league leaders Bowers & Pitsea, who they were due to play as we went to press, that this young side fear no one in the Essex Senior League.

They maintained their superb league and cup form under Anwar Uddin with their fourth win on the bounce and fourth successive clean sheet.

The winning goal at Wadham Lodge came after 39 minutes from Yaccine Teladjati and from then on they stayed in control against a Forest side struggling at the bottom of the table.

Hamlets still struggling

Loass DTB 1 FC Hamlets 1
FC Hamlets know they have to get their season up and running quickly because their next fixture is against second-placed Great Baddow.

They began brightly against bottom-



STEPNEY'S Vallance FC have become the first club in the borough to win a Football Association Charter Standard Development Club award.

The club's project manager, Junel Uddin (pictured above), collected the award from Daniel Gayle of the London FA.

Vallance chairperson Shuhel Ahmed said: "We are very privileged to win this and it is thanks to the dedication of all our coaches and volunteers.

"When we started in 1997, with just one senior team, we had a vision to provide football for everyone at Tower Hamlets from young to old.

"We now coach over 800 people a year and we hope we are a benchmark for other clubs in Tower Hamlets to go and win this award."

Champs in head-to-head

CLASH of the week in the **Inner London Football League's** Winter League programme was the Premier Division meeting of last year's champions Stepney against the summer league winners Lotus, which Stepney won 2-1.

Reachout lost the top spot as they were beaten 4-3 by Beaumont, while Hawk&Eagle and London Tigers got their first wins of the season beating Bromley and West End FC respectively.

In the First Division, ACE lost 2-1 to Stepney B, while South Youth were back to winning ways defeating Burdett 5-2.

Crusaders continued their challenge for the title by beating SYA 6-0, but could not take top spot as Robin Hood Tigers also won 7-0 against Beaumont Youth.

The Second Division saw Walthamstow Red Star tighten their grip at the top with a 5-0 win over Fish Island, A.M.Y went second with a 4-3 win over St Katharine's, while Redcoat's ran out 9-2 winners over Arsenal to go third.

West End Reserves won 7-3 in an entertaining game against PYO while Riverside remain one of two teams yet to record any points after losing 5-3 to Tower Hamlets.



Men and women share top billing

Wapping's men and women kept up their winning ways to keep a firm grip at the top of their respective leagues. Michiel Marck starred for the men while Lucy Todd hit the women's winner.

SEE BELOW

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Sport

Wapping break Herts to stay top of the pile

BY PETER FAULKNER

WAPPING Hockey Club's men and women were the scourge of Hertfordshire, winning on the road to continue their championship challenges.

The men's first team climbed to the top of the East Premier A division with a 4-2 win at Hitchin-based Blueharts while the women, away to Stevenage, maintained their spot at the top of the East Division 1S table with a 3-2 success.

The men's team started well with some fantastic build-up play led by Mark Bennett, returning after ten months out with a multiple shoulder break.

But Wapping's finishing fell short of their approach play and they were guilty of squandering several open play chances and a penalty stroke.

Their persistence paid off, however, when Bennett fired them ahead with an unstoppable short corner into the bottom corner.

It was largely backs to the wall for Blueharts, but one of their occasional counter-attacks yielded an equaliser from a short corner on the final whistle of the first half.

Wapping took the ascendancy again in the second half but continued to miss clear-cut opportunities before a second penalty stroke was put away by player-of-the-match Michiel Marck.

The Dutchman, playing up front rather than defence for the first time, showed the positional switch was effective creating two further goals with brilliant assists.

First he laid on for Phil Messent to score with a first time shot and then set up Grant Aidoo-Nash who deflected home from close range.

Blueharts pulled another goal back, when they capitalised on



WAPPING men's 2s won 2-0 at Bourne Deeping in the East Division 1. Ed Fry is pictured celebrating his goal. Alan Traill was the other scorer. Coach Steven Turner said: "This was a tough game, so I am very glad to come away with three points. Bourne Deeping were impressive. They came out strong and surprised the lads with an intensity we haven't seen so far this season. We did well to adapt our play, controlling the second half, and we were unlucky not to pick up a couple more goals."

PHOTO: Karolin Schaps-Bolle

sloppy unforced errors as Wapping became a little too relaxed. But the three points deservedly went to the east Londoners.

The ladies' first team were also in celebratory mood, but not without a scare. Stevenage came out fighting and Wapping only managed to slot in one goal in the dying seconds of the first half after a cracking shot from Holly Colvin.

Stevenage weren't backing down and they split Wapping's otherwise solid defence with a breakaway goal bringing the scores level.

Player-coach Cleo Lyn waltzed on to the pitch and found the back of the net with a slick little flick to get Wapping back the lead. Then captain Lucy Todd scored another cracker to further extend their advantage.

Stevenage managed to claw a goal back to ensure a very tense final few minutes, but Wapping held on.

East London ladies 1s...0 Havering 1s...1

EAST London lost their unbeaten record and slipped from top spot to fourth in the league with this defeat at Lee Valley.

The side looked out of sorts and didn't display their usual accuracy and speed of passing.

Havering scored the winner from a penalty corner.

East London's player of the match was Caroline Dover at centre-back.

Old Southendians 1s...2 East London men's 1s...2

EAST came away from the home of the league leaders with a hard-earned point.

Old Southendians started with a high pressing game making East London's defenders work hard.

But East gradually forced their way into the game and the Southendians keeper was forced to make two fine saves

from captain Sam Boddington and Adam Lord.

Southendians scored when they buried a drag from a short corner, out of reach of keeper Rob Voets.

After the break East London came out all guns blazing.

They piled on the pressure and deservedly drew level after a mazy run to the base line and cut back by right back Mark Prince, was well finished by Lord.

Minutes later all East's three forwards played pinball with Southendians' keeper, and Mitchel Nicholson was on hand to finally put the ball away.

With Southendians flying forward looking for an equaliser, they managed a carbon-copy of their first goal. East played positively for the rest of the game but couldn't find a third goal.

Prince won man of the match for his terrific all-round attacking display.



The swimmers show off their medals

Sharks rack up 21 gold medals

Swimming

BETHNAL Green Sharks swimming club did Tower Hamlets proud, winning 21 gold medals in the Redbridge Early County Regional qualifier age group championships.

The nine-year-olds were taking part in their first ever age group competition and, along with their team-mates, battled against 14 other clubs producing numerous personal bests along the way.

The undoubted star of the show was Sam Kemp, who bagged six gold medals.

Sam won the 200m and 50m backstroke, 200m and 50m

freestyle, 100m individual medley and 50m butterfly.

He also took silver medals in the 200m and 50m breaststroke.

Mika Ogden was the most impressive of the nine-year-old girls, winning the 200m individual medley, 200m breaststroke, 200m backstroke and 50m butterfly. She also got silver in the 50m breaststroke.

In the 11-year-old girls section, Tahlia Deaner won four gold medals.

Tahlia triumphed in the 400m and 200m freestyle, and the 400m and 200m individual medley.

She also came second in the 50m backstroke.

Other results

Nine-year-old boys: Wojceck Gawuc, gold in the 200m breaststroke, silver in the 100m individual medley, 50m backstroke and 50m freestyle, bronze in the 200m freestyle. **Sean Eloidin**, silver in the 200m freestyle and 50m butterfly.

Nine-year-old girls: Stella Ozden, silver in the 50m butterfly and Marina Horiuchi, bronze in the 200m backstroke.

Eleven-year-old girls: Madison Taylor, silver in the 100m backstroke, bronze in the 50m freestyle. **Amelie Noor**, silver in the 100m individual medley.

Eleven-year-old boys: Fraser Carlton, gold in the 200m butterfly, bronze in the 400m individual medley and 100m butterfly. **Ilyas Ahmed**, silver in the 50m butterfly, 6th in the 200m individual medley and 100m freestyle.

12-year-old girls: Kaia Cudmore, gold in the 400m freestyle and 200m breaststroke, silver 50m freestyle, bronze in 100m breaststroke; **Mellisa Eloidin**, silver in 200m breaststroke.

12-Year-Old boys: Kai Ogden, gold in the 100m backstroke and 50m freestyle, silver in 400m freestyle and 100m individual and 4th 200m freestyle.

Girls 16 years plus: Brid Cudmore, gold in the 400m and 100m freestyle and silver in 200m butterfly and 50m freestyle.



More inside

For stories on hockey, football, judo and swimming...

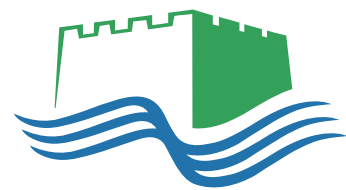
SEE PAGES 30 & 31



Go along for a kickabout

Limehouse Laces are hoping their award from the London FA will encourage more girls to give football a try. For more about the club visit www.limehouselaces.co.uk or call...

07702 948546



TOWER HAMLETS

eastendsport

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Laces aces win club of the year

FA praises emphasis on enjoyment and improvement

BY PETER FAULKNER

LIMEHOUSE Laces have won an award for nurturing a love of football among their players – win, lose or draw.

The club, who are based at Stepney Green AstroTurf, were named the London Football Association's Charter Standard Female Club of the Year award at the London FA's tenth Annual Awards.

While Stepney's Vallance FC got the Development Club Award, Limehouse Laces were recognised for encouraging all girls, regardless of ability, to strive as individuals and as a team and to enjoy the game rather than focusing on results.

Laces was started just two years by Sarah Lang and Lisa Payne when they discovered that not one of the 52 football clubs registered in Tower Hamlets at the time offered

football for girls of secondary school age.

So the pair started their own club. Now they run three teams, plus a Mini-Laces team for 4- to 6-year-olds, who train at Stepney AstroTurf and King Edward Memorial Park.

Lang, now chair, is delighted that the London FA has recognised that football is not only about winning, but also about giving everyone the chance to compete and improve.

The players themselves have embraced the ethos, and even drew up their own code of conduct.

"We do not select players based on ability," said Lang.

"All we ask is that they try their hardest, support their team mates and have fun.

"We have girls of many nationalities here – Bangladeshi, Eastern European, English – and the club is committed to offering the highest standard

of coaching and player development."

Mums have given up their spare time to make the club a success and Lang says it is astounding how quickly girls progress in a positive environment with excellent coaching.

The coaches – Rebecca Fickling, Emily Sprake and Hayley Peacock – as well as the managers are all female as the club recognises the importance of providing girls with positive role models.

In a year when the national team transformed the image of the women's game by reaching the World Cup semi-final, Limehouse Laces are hoping that winning this award will raise their profile and encourage more girls to give football a try.

For more information about the club visit www.limehouselaces.co.uk email Sarah Lang at hello@limehouselaces.co.uk or call 07702 948546.



Limehouse Laces are looking to increase the number of girls playing football

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